

West Virginia Behavioral Health Planning Council

21 January 2021

Zoom Meeting

Attendance:

Members:

Ardella Cottrill, Cathy Reed, Phil Reed, Joyce Floyd, Tammy Ketchem, Vanessa Vangilder, Jason Parmer, Patrick Tenney, Rich Ward, Donna Moss, Linda Pauley, Heather Hoelscher, James Ruckle, J.K. McAtee, Brenda Lamkin, Nancy Deming

State: Cathy Capps-Amburgery, Amber Moore, Keith King, Cynthia Parsons, Lydia Saad, Elizabeth Hardy, David Sanders, Elliott Birckhead, Melisa Green

Staff: Jenny Lancaster, Martha Minter

Guests: Stephanie Jones, Brandon Whitehouse, Wesley Wood, Kevin White, Sandra De Laet,

Excused: Aaron Morris, Deanna Thomas, Nate Siggers, Holly Crookshanks,

Recording:

<https://us02web.zoom.us/rec/play/5u6mI3UPFZHD-AyfBSx4WG7NIZxf68et6Rv4w5zb6Yw-QQCqoNI3NvY6aZoyHUXJKB5FYezBBBEUQJfc.hh14IZx3y2PmjgSj>

Vanessa Vangilder (Vice Chair) opened the meeting due to Joyce Floyd's internet issues. Introductions were made from all in attendance

Minutes from 15 October 2020

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Cathy Reed makes motion to accept them as presented, Donna Moss seconded it. All in favor

SOR Presentation: Lydia Saad, Melisa Green

They presented about SOR (State Opioid Response) and an overview of the programs that are involved with SOR.

The West Virginia Department of Health and Human Resources (DHHR) Bureau for Behavioral Health (BBH) received a grant award from the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration (SAMHSA) to support the State's response to opioid use.

Originally the grant was called State Targeted Response:

Some of the programs funded: Harm Reduction programs, Quick Response Teams, Coalition Specialists, Regional adult intervention specialists, Regional youth service centers etc.

<https://dhhr.wv.gov/bhhf/Sections/programs/ProgramsPartnerships/AlcoholismandDrugAbuse/SOR/Pages/default.aspx>

Back to Life WV

<https://backtolifewv.org/>

Presentation from WVBHPC & WV Leadership Academy to SOR Grantees.

It should be about 45 minutes; Ardella Cottrill, Cathy Reed, Linda Pauley, Tammy Ketchem will work as a committee to put it together.

Committee Reports:

Children's Committee (Donna Moss Donnamoss52@yahoo.com)

Donna sent info about children's wrap around services and briefly talked about Children's Mobile Crisis Team

Gave a little update on families she works with; families are discouraged, kids are failing or shutting down, MSPCAN has dropped resources off to families.

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MSPCAN has been sending out packets;

WV Leadership Academy (Ardella Cottrill ardella.cottrill@gmail.com)

Potential Dates: Feb/March, April, June, August

Updating Powerpoint

Wants to do Youth Leadership Academy (Dave, Ardella, Vanessa, Sandra) working on that. Grades 9-12,

Indiana would like for us to present a leadership academy there,

Several Leadership Academy calls;

Stressed Out the Holidays are coming on November 23, 2020, Sheila Moran & Martha Minter;

Oh No! The Election is over now what; by Joanna Vance and John Unger, about how to move the recovery platform forward and how to connect with our legislators;

Adult Service Committee: (Heather Hoelscher)

First Responders Guide

Serve Staff Waiver shortages (IDD Waiver)

Job Resource Center; (Covid)

Individuals with substance use disorder & Human Dialysis

Access to Medications in jails & medications at discharge

State Updates:

Dept of Voc Rehab (Rich Ward)

- Waitlist has been cleared; working with those with all disabilities that want employment. Order of Selection is open
- Pilot Project: Coordination of approach DRS & Comprehensive Behavioral health
- Pilot Project Boston University; Center of Psychiatric disabilities; 900+ Surveys; still available
 - 15 Modules that are self paces,
 - Rich went over the ratings from the survey
- Transition Services for Youth, reaching out to schools virtual IEP's etc

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- Transition Services are working to develop a virtual job club

Amber Moore (BCF)

- Covid Vaccines- Appropriate for clients, roughly 2000 clients healthcare or surrogate; ICF, Waivers etc, workers in the field under CDC Guidelines
- Elder Justice Act- Adult Protective Services, brainstorming on how funding will be used
- Funding was released to 50 states 6 territories, stimulus money

David Sanders- (BBH)

- Cares Act increase in the block grant \$8168 on the substance use grant and \$9233 on mental health grant.
- Jason Cook has a contact for housing Lee Tabor (Dept of Commerce)
- Grant to 1st choice for the children's crisis & referral line 1-844-435-7498 (Help4WV). Some providers are doing zoom instead of in person.
- Families Strong project- 9 week Support Group, It is a Support group for families/friends of individuals with substance use; looking for individuals; 4 day train the trainers, 8 groups this year, 12 groups next year;

Cathy Capps-Amburgey (BBH)

Training Updates since October meeting:

October 14, 15, 16: Peer Recovery Ethics Workshop led by Dave Sanders, BBH:

This three-part workshop provided the knowledge that informs the skills and attitudes of the ethical practice of peer support. Ethics in the delivery of recovery support services is crucial to the success and quality of those services. Through discussion and practice sessions participants will examine the ethical responsibilities of peer supporters and discuss ethical scenarios in small group settings - 72 attendees

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The State Opioid Response (SOR) Team will host a series of training sessions for grant year three. SAMHSA's Opioid Response Network (ORN) will provide speakers/presenters for this series. Past and upcoming trainings for this series are below:

November 4: The Science of Addiction and Consequences of Stigma - 106 attendees

December 2: Treatment & Engagement Strategies for Youth & Young Adults w/ OUD - 271 attendees

January 6: Motivational Interviewing, led by Sky Kershner: 375 attendees

February 3: SMART Recovery - science based, self-empowered addiction recovery – presented by David Koss SMART Recovery, Regional Coordinator

November 10 and 12: Clinical Guidance for Treating Pregnant and Postpartum Women with Opioid Use Disorder and their Children, organized by WVU's Office of Health Affairs managing the CMS Substance Use Disorder Prevention that Promotes Opioid Recovery and Treatment (SUPPORT) contract for DHHR - 187 attendees. The purpose of the SUPPORT planning grant is to increase the capacity of Medicaid providers to deliver treatment or recovery services for substance use or mental disorders through recruitment, training, and technical assistance for Medicaid providers that offer mental or substance use disorder treatment or recovery services. The planning grant was awarded to the West Virginia Department of Health and Human Services (WVDHHR) by Centers for Medicare & Medicaid Services (CMS).

November 18 and December 7: MAT Waiver Eligibility Training, organized by WVU's Office of Health Affairs managing the CMS Substance Use Disorder Prevention that Promotes Opioid Recovery and Treatment (SUPPORT) contract for DHHR.

November 18 MAT Waiver Eligibility Training - 30 attendees

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December 7 MAT Waiver Eligibility Training - 30 attendees

December 17: SBIRT Training led by James Matney.

Mr. Matney has been working in the field of addiction for over 35 years. His experience includes developing and operating programs for youth, adults, and families. His work also includes quality assurance, training, staff development, and compliance. He currently works for the Bureau for Behavioral Health as the State Opioid Treatment Authority and provides oversight for the Opioid Treatment Program and Office Based Medication Assisted Treatment Programs - 153 attendees

Training with Dr. Richard Rawson and Al Hasson:

Background: ODCP and BBH worked together to have Dr. Rawson speak virtually (to an audience of 343 in July 2020) and in person to WV audiences (providers, MCOs and DHHR) at least multiple times. Dr. Rawson also was introduced by Bob Hansen to present at WVU's virtual Addiction Training Institute last year prior to BBH and ODCP working with WVU to roll out the TRUST (Treatment of Users of Stimulants) pilot. These initial "101" overviews for WV providers laid the groundwork with common themes that included: --WV's sharp increase in methamphetamine use has led to behavioral health providers who are in great need of information on how to effectively treat polysubstance use. -- Dr. Rawson effectively explained the science to make the argument for how individuals with Opioid Use Disorder (OUD) and a Medications for Opioid Use Disorder (MOUD) treatment pathway are particularly vulnerable to stimulant use disorder. -- Dr. Rawson described how contingency management can be especially effective to focus on engagement and abstinence due to impact of meth use on cognition and behavior.

TRUST Pilot: After laying this groundwork, multiple providers wanted to know how to implement contingency management, particularly with Dr. Rawson's expertise. The next step was a pilot project (TRUST). Dr. Rawson identified specialty care behavioral

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health providers with significant experience as the ideal participants. The key staff for the pilot are the counselors and other behavioral health clinicians. Six provider organizations were chosen through the application process to receive intensive mentoring sessions with Dr. Rick Rawson and his colleague Al Hasson.

The TRUST Pilot is ongoing for the next several months with grantees beginning to implement the TRUST protocols soon.

The BBH team is continuing the development of a training and TA calendar based on needs and grant requirements.

Other BBH Updates:

COVID-19 Emergency Funds \$2 million

BBH just received an announcement that we were awarded the COVID-19 Emergency Funds grant for \$2 million. More information will be shared at the next meeting.

Behavioral Health Workforce and Disparities Training Center(s) AFA

On December 14, we launched a Behavioral Health Workforce and Disparities Training Center(s) AFA. The application deadline is today 1/21/2021 by the close of business. We provided a TA call on 1/11/2021 to explain the AFA. There were 18 callers present. The FAQs are posted online here:

<https://dhhr.wv.gov/bhhf/AFA/Pages/default.aspx> The grant is for \$425,000 for a statewide training initiative to provide seven specific trainings for the behavioral health workforce professionals and paraprofessionals.

WV Intensive TA Capacity Building Project for Motivational Interviewing (MI)

Next Wednesday the 27th, the Central East Addiction Technology Transfer Center Network (ATTC) is sponsoring an Intensive TA Capacity Building Project for MI. The

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primary purpose of this initiative is to provide training and technical assistance to Behavioral Health Provider Organizations in West Virginia in fully integrating Motivational Interviewing into administration, supervision and the provision of programs and services. To learn more and register click here:

<https://attcnetwork.org/centers/central-east-attc/event/implementing-mi-wv-bh-provider-organizations-intensive-tacapacity>

WV Statewide Epidemiological Outcomes Workgroup

The next WV Statewide Epidemiological Outcomes Workgroup meeting will be on April 22, 2021 @ 2:00pm. The WV SEOW facilitates statewide prevention improvement by leading a systematic process to gather, review, analyze, interpret, and disseminate information about substance use in West Virginia. The WV SEOW establishes a systematic framework for ongoing monitoring of prevention needs and outcomes in the state. To register for the next April meeting please click here:

<https://zoom.us/meeting/register/tJAsfuCqpjkuGNHtJvGAedBv1EFyHtDIwfJH>

Governor's Council Public Education Subcommittee

BBH continues its close partnership with ODCP. BBH has actively supported ODCP's 6 Town Hall meetings that were held in early December. ODCP Stigma Reduction Workgroup has changed its name to the Governor's Council Public Education Subcommittee that met yesterday. The WVDHHR Office of Drug Control Policy undertook a Virtual Town Hall meeting to discuss the Substance Use Response Plan for 2021. Participants were divided into the seven priority areas identified in the plan, with each priority area involving a number of 'Breakout Groups'. The breakout groups were given 45 minutes to consider and discuss four questions related to the Plan.

New BBH Website

The new BBH Website will go LIVE tentatively in February or early March. The new website will feature a training and TA calendar to highlight training offered around the state.

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Keith King- (BMS)

RES Facilities, 1,110 open beds, ASEM Level 344 (3.1 beds), 632 (3.5 Beds) 128 (3.7 beds community) and 36 (3.7 beds hospitals)

As of January 14, 2021 we currently have 972 PRSS certified thru BMS

Jason Parmer (Disability Rights of WV)

Covid Outbreaks @ Bateman 60-70%, @Sharp about 40 people, seen Covid outbreaks in prisons and jails, DRWV visited Bateman earlier in week, and staff had been doing a good job with PPE.

Psychiatric Hospitals still have over a dozen in hospitals over a year to multiple years.
Commitments: 40-45% is forensic and the rest is civil commitments
375-380 is the average on the daily census.

DHHR submitted revisions to code 6459,
Federal and State Regs,
DHHR wants them to be the same; working with changes
State operations manual is like 550 pages long,

The Legislature

house concurrent resolution 133; has a study, they want to know what to do with risks;
violence in community, example ACT, and Community Resources

Chapter 27 Article 6A,

Hartley Case, is closed, Office of Mental health Ombudsman, will be created, Judge Bloom will decide

Managed Care; might be in process of reducing ACT Services,

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Elliott Birckhead:

The Legislative Session has not started yet, they are working on rules/provisions about who can come to the capital during sessions, vaccine distribution for key officials. Things to watch bills about Chapter 27 6A, & Forensic Issues, and a legislative rule about recovery houses & services (NARR) only entity in country to accredit recovery facilities.

Elliott then did a presentation as follows:

Presentation: Legislative 101 How to find and track bills & state agency rules

<https://drive.google.com/file/d/17sLfEcZ1z9ekfwG-dbHzop9NqxXlejz/view?usp=sharing>

Great presentation about how to track bills, how to search for rules etc.

Membership Committee (Ardella Cottrill)

We had 2 applications that were presented:

Sandra De Laet- (provider slot)

Wesley Wood- (Ind. in Recovery-Substance Abuse)

Cathy Reed made motion to accept Sandra De Laet onto the council

Phil Reed seconded it, Motion carried (we voted by poll)

J.K. McAtee made motion to accept Wesley Wood onto the council

Cathy Reed seconded it, Motion carried (we voted by poll)

ByLaws-

Presented the proposed bylaw changes

Cathy Reed makes motion to accept the bylaw changes,

James Ruckle seconded it; Motion carried (we voted by poll)