

West Virginia Behavioral Health Planning Council
17 October 2019
Charleston, WV

Executive Committee Meeting (*Executive Committee Members only*)

Welcome, Introductions, Review of Agenda – *Cathy Reed*

Cathy Reed, Linda Pauley, Phil Reed, Holly Crookshanks, Ryan Jeffery, Vanessa VanGilder, Joyce Floyd, David Sanders, Taniua Hardy, James Ruckle, Patrick Tenney, Deanna Thomas, Rich Ward, Jason Melegari, Martha Minter, Ardella Cottrill, Brenda Lampkin, Nate Siggers, Tammy Ketchum, Carmen Easter, Nancy Deming, Carissa Davis, Tess Myers, Heather Hoelscher

Excused: Aaron Morris, JK McAtee, Bob Musick

Unexcused: Donna Moss, Lenny Reese

Review April 2019 Meeting Notes – *Cathy Reed*

- January 16, 2020, April 16, 2020, July 16, 2020, October 15, 2020 are next meeting dates
- Phil Reed makes a motion to accept, Joyce Floyd 2nds it Motion Passes

Membership Update – *Ardella Cottrill*

- Deanna Thomas makes a motion to accept and Joyce Floyd 2nds, all in favor

State Updates

- Olmstead- Carissa Davis- Transition and Diversion 158 recipients
- BHHF- David Sanders- Transition into a new role, working with recovery programs, technical assistance, looking to help credential organizations
- Children's Division- Federal fiscal year, Positive Support AFA has been posted 11/4, System of Care, youth drop-in center Cabell or Wayne, by the end of Dec Children's Wraparound will be statewide, Mobile crisis is expanding, 2 regions of the state (Northern and Eastern panhandle), Roxanne Chaney is the new coordinator, all regions with wrap around
- Adult - Upcoming Recovery Coach
- WV Peer Workforce Training (Facebook)
<https://www.facebook.com/WV-Peer-Workforce-Training-113393116718029/>
Ethics Training- 6 Hours to 16 hours
Peers in WV (Echo Model)- the State of Delaware is adopting this model
- Martha Minter- of Drug Control Policy is offering forums (Send to members); Peer Recovery Training- (See email Martha sent)
- Rich Ward- DRS - State Federal Rehabilitation Program to help those with disabilities; 2014- Workforce Innovation Act to set aside Students with Pre-Employment Services, had a wait-list; Pre-Employment, 5 areas - served over 1000 individuals, a couple of the programs can now be; October 23, 2019, is the Ability Works Ceremony; Instruction in Self-Advocacy, seen a big increase in students advocating for themselves. A gentleman started White Cane Day in Beckley; Working on outreach to about 75 child placement facilities to see how they could work together, Students 14-21 (Ages); Work-based Learning Experiences
- Vanessa VanGilder - Center of Excellence TBI April 14 & 15, 2020 Statewide Conference at Canaan Valley, for all disabilities - TBI Conference-
- Nancy Deeming – Valley

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- Taniua Hardy - Disability Rights of WV, The Protection and Advocacy, is the program director; does a lot of monitoring, service requests, Behavioral Health Grant, PAIMI Advisory Committee is looking for members
- Brenda Lampkin- WVPTI- did join self-advocacy group, self-determination, Training and Technical Assistant, Dr. Payne to see what about attendance issues
- Carmen Easter - Director of Lease Housing, 3061 vouchers Kanawha, Putnam, HUD-VASH vouchers, and were awarded mainstream vouchers, worked with DHHR vouchers were awarded, worked with project-based vouchers, worked with Recovery Point to put project-based vouchers there
- Tess Myers- Promoting Healing through music and arts, would like to see in it in all recovery homes, Leslie Levenson is wanting to have a mental health global conference in May.

Peer Recovery - Ryan Jeffry

- Discussion about Recovery, Homelessness, etc.
- Moved to WV 14 years ago, Wyoming County came home to Mercer County, WV (Lost apartment) Moved to Charleston, Stayed at crossroads shelter for a time, Rourke Sullivan shelter, a lot of homeless stays away from Crossroads slept under the bridge, police force Working at Wendy's while living at Shelter, sleeping on the floor, (Issues of sickness, bed bugs, etc.) had to inform work that he could no longer due to his duties because of hygiene, and other issues), could not get into a 28-day program.
- Now living at Shirley Temple transitional home, working with recovery coaches, helping get back on feet, by getting help with ID, clothes
- Needs an action plan attached in Recovery, (Word of Mouth)
- (Signed papers, was not aware that a case manager, did not get a copy of rules), missed an appointment that was unaware of) and they took his bed, so left shelter) would like to go into Recovery Coaching.
- Shelters- Disgruntled employees
- People living on the streets due to domestic, by choice, addictions, kicked out of shelters by choice
- What is one barrier that you could remove from the system: More concise clear path for people to take, need to have a stronger unity among the various organizations. Community Engagement Specialist is not sure what they do.

Committee Meetings

Committee Updates

- Adult Services – *Heather Hoelscher*
 - Dialysis- WVU
 - Logisticare- Might have to file civil right not
 - Co-pays taking our concerns-
 - Office of Cynthia Bean-
 - Meeting with Judicial concerns about Mental Hygiene Lisa Tackett
 - Pocket Guide- meeting in regards to that (Heather & Vanessa)
 - Satisfaction Survey- still waiting on WVU

- System's Committee- *Ardella Cottrill*
 - Working on how we can help with monitoring
- Housing Committee- *Phil Reed*
 - Had a discussion with Ryan, and working on white paper
- WV Leadership Academy-*Ardella Cottrill*
 - Finished up a train the trainers in September, will be looking where to hold Leadership Academy for next year.

First Choice – Jeremy Smith

- Jeremy Smith came and talked to us about First Choice.
<https://mail.google.com/mail/u/0/?tab=wm0&ogbl#search/Jeremy+Smith/CllgCHrjnFQRMQFcmngwMNzTjIDfWFSNWKVfGRMZDXJfbNgkFLdMhftFzcGjslVLddzbzXQjB?projector=1&messageP artId=0.1>
- First Contract 1=800=Gambler program,
The first couple of years, Heroin was #1 call, Last year about 500 more calls about Meth.
- Most callers who need detox are able to get in within 24 hours of the call. About 658 beds at 47 facilities are available for short and long term treatment, many sober/recovery homes are available and voluntary certification is underway, Over 400 Med-assisted treatment providers
Hundreds of support groups, including Celebrate Recovery, AA, NA
Different Forms- for the different provider-
- Help4wv
- Jobs and Hope WV
Press Conference- 12 coaches around the state
<https://jobsandhope.wv.gov/>
- Suicide Prevention Lifeline
1-800-273-TALK (8225)
Average 250 Calls per month on the Suicide Lifeline from people in WV
- WV Navigator- Health Insurance Helpline 1-844-WV-CARES (4 Years ago)
Free Consultations for the Health Insurance Marketplace
Help Signing up for Affordable Care Act or Medicaid
87% of West Virginia qualify for a financial subsidy to purchase ACA Insurance
November 1-December 15, 2019 is open enrollment for health insurance.
- West Virginia Tobacco Quitline- Provide Nicotine Replacement Therapy and coaching
Take about 1000 calls per month from WV. Online enrollment and chat also available,
Medicaid/uninsured/private Insurance/Medicare all accepted. 1-877-966-8784
- West Virginia 211- We provide access to resources like food, shelter, clothing, utility assistance, and MUCH MORE! Chat and text coming soon!
- 1-800-Gambler - WV has one of the highest per capita amounts of gambling
 - 1/50 estimated to have a gambling addiction, High rates of divorce, depression suicide
 - We have a free comprehensive treatment program that includes outpatient therapy, support groups, weekend treatment, and follow up.
 - We have 70+ specially trained counselors in the state

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Youth Service Systems – Jason Melegari

- <https://www.youthservicessystem.org/>
- Video- Began May 1974- Emergency Shelter- Samaritan House
- Discussion about the Youth Service System (Wheeling, WV)
- Dec 15 = March 15, 2020, Winter Freeze Shelter Ministry
- Prom-Suits- Homecoming & prom supplies
- Homeless Outreach Services-
- Transitional Living Center-
- Female Adolescent Treatment Center- Celebrate Youth!

Next Steps & Evaluation

Adjourn