

West Virginia Behavioral Health Planning Council

15 October 2020

Virtual Zoom Meeting

Attendance:

Tammy Ketchum, Cathy Reed, Phil Reed, Vanessa Vangilder, Ardella Cottrill, Linda Pauley, James Ruckle, J.K. McAtee, Donna Moss, Nate Siggers, Heather Hoelcher, Martha Minter, Rich Ward, Carmen Easter, Jason Parmer, Heather Cummings, Cathy Capps-Amburgey, Elizabeth Hardy, Amber Moore, Barri Faucett, Michelle Dean, Cassandra Toliver, Mark Drennan, Cynthia Bean,

Excused:

Joyce Floyd, Patrick Tenny, Holly Crookshanks, Aaron Morris, Deanna Thomas, Nancy Deming, Brenda Lamkin

Vanessa Vangilder, Vice Chair, opened the meeting, and welcomed everyone. We reviewed the agenda.

Minutes from July 2020

The minutes from the July 2020 meeting were presented. Cathy Reed made a motion to accept and Linda Pauley seconded it; The motion carried

Crisis Counseling Grant

Martha Minter let us know that Community Access has been working with First Choice on a Crisis Counseling grant that WV received from FEMA. They have established an Emotional Strength Line called Help304. They have been working on ads and other materials for this.

Guest Speaker: Cassandra Toliver- Children's Crisis Mobilization Unit

Presentation of Children's Mobile Crisis and Response Teams

<https://dochub.com/ardellacottrill/dPB1mkMKOjGm9nkREOjyzD/mobile-crisis-dhhr-template-01152020-ppt?pg=3>

This is for children and youth up to age 21 who are experiencing a serious mental health crisis. They have a hotline thru First Choice.

State Updates:

Michelle Dean-Amber Moore (Bureau for Children and Families)

In process of implementing- Families First Prevention Act, updating program booklets, policies and procedures, ADA Coordinator

Cynthia Bean-Heather Cummings (Bureau for Medical Services)

- Changes in place for all Behavioral Health and Substance Use Disorder to be rendered by telehealth modality.
- Includes visual and/or audio only meaning individuals could receive therapy services over the phone which historically could not have taken place due to federal policy
- National Emergency Order enable West Virginia to all this flexibility
- Once the national emergency order is lifted, states have 60 days to return to their policy.

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- Heather Cummings is new program manager for CSED-Waiver (Children with Serious Emotional Disorders Waiver). if you have any questions you may contact her at Heather.D.Cummings@wv.gov
- Talked about available beds on 9/25/2020
- Total # of Peer Support Specialists as of 9/25/2020 was 783.

Cathay Caps-Amburgery- Elizabeth Hardy

- Dr. Louis Baxter – Withdrawal Management and Detox Protocols with Crisis Stabilization Units (CSUs) Initial 4 hour training It was a 3 - 2 hr. small group consultative sessions 1 hour review of case scenarios and review of one agency's detox protocols
- Dr. Richard Rawson and Al Hasson – Methamphetamine Use Disorder and Contingency Mgmt using the Treatment for Individuals who Use Stimulants (TRUST) protocol 2 hour training
- Grant opportunity for Intensive Training of Trainer 6 grants awarded 8 - 2-hour sessions Follow up calls with agencies after the 8th session
- Recovery Housing conference 1 ½ days for discussion of needs and funding opportunities was a success. Hosted by the West Virginia Department of Health and Human Resources and the West Virginia Housing Development Fund, the conference offered 9 sessions over the course of two days.
 - Participants had the opportunity to: Learn more about recovery residences in West Virginia.
 - Find out about new funding opportunities for recovery residences
 - Network and develop partnerships with agencies, funders, and developers
- The State Opioid Response (SOR) Team will host a series of training sessions for grant year 3.
 - The first virtual session is scheduled for November 4, 2020 at 1:00 – 2:30. SAMHSA's Opioid Response Network (ORN) will provide speakers/presenters for this series. This first workshop is titled The Science of Addiction and Stigma. ORN will provide the platform and handle registration.
- The BBH team is continuing the development of a training and TA calendar based on needs and grant requirements
 - COR-12 Trainings and Pilot Program:
https://cme.ahn.org/group_event_series-16961
 - Evidence-based treatment for both substance use disorder and mental health issues integrating peer recovery using lived experience of recovering individuals and families. This evidence-based treatment has shown that pts/cts participating in this program have a higher rate and length of recovery
- Statewide Epidemiological Outcomes Workgroup (SEOW) meeting will be 11/10 @ 2pm – 3pm
- BBH is working on a website upgrade
- Resource Note: MOUD ECHO: Expand Medication for Opioid Use Disorder (MOUD) Extension for Community Healthcare Outcomes (ECHO) Project - provides a virtual grand-round for providers consultations administered through the Allegany Health

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Network, PA every 2nd Thursday of the month at 4:00pm. Providers will receive 1 CME for the hour of participating in the virtual grand-rounds.

https://cme.ahn.org/group_event_series-16961

Jason Parmer-Disability Rights of WV

- Pandemic has prevented the monitoring they do
- Trying to do some tele-health monitoring
- Do a lot of treatment team meetings with ICF's, having trouble getting included in the meetings in hospitals (Working on solutions)
- Hartley Case on the road of being closed again by year end; working on settlement offer.
- Mental Health Ombudsman program
- Aware of issues with Rescare (Freeze) They are discharging people from their ICF program.
- Shared Personal Story about Mental Health Hygiene

Rich Ward- Division of Rehabilitation Services

- Staff & Agencies completed online training from Boston University
- Gathering Surveys to see if its been effective
- 2nd round of technical assistance
 - Implement pilot project with comprehensive behavioral health centers who wanted to get and keep employment, Kicked off event September 2020
- About 33% of clients is affected with Behavioral Health
- Lead ON VR is the National Anthem
- DSU (Designated State Unit)
- Unsung Heroes <https://www.youtube.com/watch?v=DP6FJG1qr9E>
- Waitlist is getting cleared on regular monthly basis
- VR just finished up annual report/fiscal year

Mark Drennan

- Working with Bureau of Behavioral Health
- Meeting with Congressional Delegation on regular basis
 - Mental Health Parity
 - New Congressional Leaders coming in
- Virtual Town Halls
- HB 4009 Forensic Bill
- Medical Clearance issue is causing issues

Tammy Ketcham-Heather Hoelscher- Legal Aid

- Following Hartley Case
- Remote Working from Home til January 2021
- Attorneys are working Zoom Court Hearings
- Meeting clients by phone
- Active Case loads

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Peer Summit- J.K. McAtee

- Held August 28-29, 2020 via Zoom hosted by WV Recovers
- Topics Included:
 - Community Inclusion
 - Motivational Interviewing
 - Mindfulness
 - Naloxone Training
 - Alley Training
 - Ethics and Training
 - Ethics in PRSS
 - Advocacy & Ethics
 - Dreams as a Wellness Tool
 - Unity Statement
- WV Recovers Motto- Hope, Healing and Community
- Logo Winner- BoMar Club (Super heroes Flying around WV)
- Ted Johnson Paridam Pioneer Award (David Sanders was the Winner)

Bylaw Committee- Ardella Cottrill

There will be a bylaw committee looking at the bylaws- Ardella Cottrill will chair it, Committee will be Ardella Cottrill, Patrick Tenney, Phil Reed, Linda Pauley, Joyce Floyd.

Children's Committee- Brenda Lampkin

WVPTI-Brenda Lampkin (Report read by Ardella Cottrill)

- WV Parent Training and Information has been extremely busy with calls, emails, and communication with parents and caregivers of children with disabilities.
- The biggest concern we are hearing is dealing with virtual/remote learning. Students with disabilities learn differently and need modifications and curriculum that will support their child's individual needs, and in many cases, this just isn't happening. The parents are telling us their children with disabilities are getting the same work as all students with no modifications or supports in place and the children are failing. We are attending virtual IEP/504 meetings with families on a limited basis to work on getting the needed accommodations/modifications written on their children's plans and to ensure the plans are being implemented with fidelity. We continue to tell families, "if it isn't written on the IEP/504, it doesn't exist". Families tell us that they are being told they will get this or that support for their child, and it doesn't materialize.
- Unreliable Internet continues to be another big area, along with the platforms schools are using to communicate with the families and provide education to the children.
- Another significant issue we are hearing from parents is that they have had to reduce or leave their employment to be the educational support for their children. They are worried about their children's education and health and the financial strain on the family. Some of the children are doing a hybrid model and others are doing brick and mortar. As schools are increasing the number of day's students will be back in the schools, another

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fear builds with the concern of their children bringing home COVID-19, as some families have grandparents living with them due to their health and financial difficulties.

Adult Service Committee- Heather Hoelscher

- Availability of Treatment for Dialysis
 - Lou Brown- Includes Referral packets,
 - Working on plan to the Nephrologists offices
- Working on a plan for Digital Letterhead from the WV Behavioral Health Planning Council
- Help4WV- To educate managers, waiting on callback
- People still have to have the right insurance to get treatment
- Recovery points do not require insurance
- Waitlist to Recovery Point is lengthy; unmet need to bureau (Medicare)
- Telehealth- Logisticare still have issues, we would like for them to have telehealth appointments available
- Mental Health Hygiene Guide- Draft sent to Jenny Lancaster
- Mandatory Co-Pays how they do not require and how they are able to do that
- Nuisance Laws (Martinsburg)- purpose to shut down drug houses

Housing Committee-Phil Reed

Nothing at this time to report

System & Monitoring Committee- Ardella Cottrill

Nothing at this time report

West Virginia Leadership Academy- Ardella Cottrill

- Held 62nd Academy Virtually on July 29-30, 2020; 19 people signed up, 10 graduated
- Held 63rd Academy Virtually on August 27-28, 2020; 28 people signed up; 17 graduated
- 9th Annual Train the Trainers were held virtually on September 17-18, 2020 with 16 new facilitators
- Year End Report Compiled and Turned In to Martha Minter
- Plans to hold in person and virtual trainings the upcoming year

Cathy Reed makes a motion to adjourn, Nate Siggers seconded it; all in favor