



West Virginia Mental Health Planning Council (WVMHPC)
October 4, 2012
Blessed John XXIII Pastoral Center • Charleston, WV
Meeting Agenda

WVMHPC Vision: *The West Virginia Mental Health Planning Council is a unified voice that promotes wellness, recovery, and resiliency for all West Virginians. (2012)*

WVMHPC Mission: *to improve the mental health system and function as a catalyst of change in that system. (2008)*

Attendees:

Dianna Bailey-Miller, FAST - LAWV
Elliott Birckhead, BHFF
Rhonda Cooper, WV Army National Guard
Ardella Cottrill, WVMHPC Secretary
Joe Cunningham, WV Mental Health Consumers Assoc.
Angie Ferrari, Executive Committee Member
Joyce Floyd
Rose Henline, Hall Neighbor's House
Heather Hoelscher, Advocates for Social Justice
Ted Johnson
J.K. McAtee, WVMHPC Treasurer
Pete Minter, HUD
Aaron Morris
Cynthia Parsons, BMS

Linda Pauley, WVMHPC Chair
Jackie Payne, BHFF
Cathy Reed, WVMHPC Member/Housing Chair
Phil Reed, WVMHPC Member
CJ Rider, Division of Corrections
James Ruckle
Nancy Schmitt
Patrick Tenney, WV Council for the Prevention of Suicide
Andrew Walker, BBHFF
Susie Wilson, BHFF

Facilitation:

Martha Minter, Community Access, Inc.
Jenny Lancaster, Terzetto Creative, LLC

Executive Committee Meeting – Executive Committee Members

Moment of silence for Rita Herrod, and Jackie Hensley's mom and dad.

Welcome & Introductions – Linda Pauley, Chair & Dianna Bailey-Miller, Vice Chair

Review of Agenda, Review of last meeting – Linda Pauley, Chair

Motion to approve minutes from July 2012 meeting – Cathy Reed

Second – James Ruckle

All approved

MH/IDT Focus Groups & Public Forum Updates – Jackie Payne

- WVMHPC and Disabilities Council were both partners with BHFF in these meetings.
- REPASS did the facilitation; waiting on report from REPASS; should be receiving soon.
- Recognized and thanked the council for participation in the forums
- Recognized Linda and Dianna to convey the critical role of the planning council and their kind words and trying to charge the groups that attended – this is what I need you to do today; significant gaps, needs, strengths with mental health, dev disabilities, treatment needs

- 12 focus groups – families, consumers, families representing children; 3 focus groups specific around the general population.
- Open about the challenges that consumers face; sharing their experiences and perspectives
- Each focus group had a different population – military, senior citizens, young adults transitioning youth to adulthood
- Recognize number of providers and advocacy groups; help to identify individuals to attend
- Roughly 200 people participated in the forums
- Beckley was least attended, but had most variety
- Theme – need to understand what existing services are out there; many people not aware; better education/communication and how to access services
- Theme – support groups – common theme throughout focus groups/community forums; focus group was almost a mini support group; resources/info shared after focus group; folks wanted supports specific to their region.
- Theme – Community based services/supports – need for more funding; what are some potential solutions?
- Structure of forum:
 1. SWOT analysis – Strengths, Weaknesses, Opportunities, Threats – completed by breakout groups
 2. Challenges and Barriers identified in small groups - Identify top 3 and report out
 3. Based on top 3 – brainstorm creative, regional solutions to address some of those things – beyond more money
- More centralized sharing of information
- Coordination – take real collaboration/coordination. The council is structured by regions; SA grantees; etc. build upon leadership in communities
- Parkersburg – many attendees were consumers receiving services; advocates; FRNs; providers; etc.
- Next Steps – draft report from REPASS/consultants
- Fill in the gaps in services
- May possibly take similar approach as the regional task force
- Take info back to communities; keep people informed
- Governor’s Substance Abuse Regional Task Forces – Round 8 has been scheduled for October.
- Received instruction for the block grant implementation report due Dec. 1, 2012
- Linda Pauley – WVMHPC participants started the conversation and everyone else followed.

WV Leadership Academy – Ted Johnson [presentation attached]

- WVMHPC took on task of doing Leadership Academy;
- Ted wanted to present a historical report of the Leadership Academy
- Grew out of the Community Support Program, recognized as a best practice by mental health services
- “Leaders and born and made: Being born is the more mysterious part”

Medicaid / Chapter 523 Targeted Case Management – Cindy Parsons

- Re-wrote Chapter 523 Targeted Case Management; Open for comment until 11/1/12
- Changed the face to face requirement; target case manager was required to see client face to face every 30 days. Now it is opened up to doctors, providers, etc.
- Added monitoring and follow-up – case managers will be paid to do monitoring and follow up
- Thinks this may help w/ hospital issues;
- Medicaid is strict re federal; now allows case managers to meet with folks before they are released
- Last manual revised in 2004
- Wanted to write the content so that a parent of a child can immediately identify services

- Will offer 30 minutes of training for whole manual
- 10 trainings for target case managers
- New manual goes into effect in January 2013 and will score providers until August 1, 2013
- ACT will be rewritten in rehab
- Target Case Management on next agenda
- Rewriting sections for telehealth; access/transportation is a huge issue
- Issue is treatment planning

Data Matters! – Andrew Walker, WV Bureau for Behavioral Health and Health Facilities [presentation attached]

- Andrew Walker - Andrew.W.Walker@wv.gov
- Intro – re importance of data to the work we do – data-informed decision making
- 22-26 people/systems came together to form a work group to talk about SA and data re Behavioral Health in WV – on the website <http://www.dhhr.wv.gov/bhhf/Pages/default.aspx>
- County behavioral health profiles
- Consumption, consequence, and indicator data on Alcohol, Tobacco, Illicit and Rx drugs, Mental Health, snapshot of data specific to each county
- Jackie – hopes to be able to get a hard copy of the profile book for council members

Committee Reports – *various agency/committee representatives* [reports attached]

Consumer Affairs: Elliott Birkhead

- Bureau worked with WV Housing Development Fund to submit application for 250-275 units of housing for people with disabilities who have low income. Partnership a new opportunity. Existing and/or new housing but has to be integrated. A revamp of HUD Section 811 program. Eliminated the capital advance program that gave dollars for construction – the dollars are for assistance instead and requires partnership between state and local organizations. Highly competitive NOFA.
- Joyce’s question – re whether this program will be resident-only. Assistance will be project-based, in contrast to voucher system that is portable. Priority will be for persons who are at risk for institutionalization. Areas in the WV determined via indicators of poverty, HDF. HDF has earmarked \$1 million for home modifications.
- JK’s question – what about eligibility for persons with criminal backgrounds. HUD restrictions: manufacture of methamphetamine and sexual predator. Other than that, the local housing authorities are the ones to determine rules.

Housing: Pete Minter (US Dept of HUD)

- HUD website includes the proposed rules for the Hearth Act, definitions, etc. Home Program regulations will be putting new requirements/rules; Homeless point in time statistics – handout (attached)
- HUD has begun implementation of the Hearth Act. Several important changes such as Emergency Shelter program being expanded into Emergency Solutions grant that allows local CoCs to assist persons facing homelessness.
- HUD Home program regulatory changes should be issued in the next 60 days
- As most know HUD is under a continuing resolution until March 30, 2013. This allows HUD to continue providing its programs at FY 12 funding levels.
- Until FY 2013 budget is passed HUD competitive grant funding programs are on hold
- If sequestration happens HUD’s funding will be cut 8.2% across all programs. For instance such a cut would mean 1.5 billion less for the HUD voucher program and that would result in an estimated 185,000 families losing their rental assistance and losing their affordable housing.
- In 2011: 2,211 were homeless, 302 veterans, and 287 chronic (same as PA, more than VA and RI)

System of Care: Jackie Payne

- Jackie – top priority to continue to build the system of care for children in WV. Maybe Jackie & Linda Watts can present at next MHPC meeting re: System of Care State Implementation Team
- Two significant partnerships – Bureau of Children and Families to blend funds for transitioning youth programs and with Dept of Education to increase access and coordinated school health partnership for prevention, work with local RESAs to expand prevention beyond tobacco only.
- Supports for children in parental custody – to be able to serve children without having to place them in state custody – working with Beth Morrison and IDT.
- Elliott – suggested that maybe pursue crisis stabilization in the rewrite of the rehab manual.
- Juvenile justice and youth in foster – emphasis on these populations re suicide prevention, use of psychotropic medications.

Children's Committee: Dianna Bailey-Miller

- Public forums/focus groups coming up for parents/others for these issues.
- Focus groups with MSPCAN, FAST, FLF, etc.

Division of Corrections: CJ Rider [report attached]

- Housing, jobs, etc; sex offender programming and substance programming for those on parole

Leadership Academy: J.K. McAtee [report attached]

- 8/22-8/24 – Held kickoff event and met with Steering Committee: Elected Heather Hoelscher-Garcia as chair, Christie Rose as recorder. Attending were Heather Hoelscher Garcia, Dianna Bailey-Miller, Pat Doverspike, and Christie Rose, along with J.K. McAtee and Linda Pauley, Coordinators. Several folks from the Bureau attended and had brief remarks from Linda Pauley, Kim Walsh, Ted Johnson, and Martha Minter.
- 8/23-8/24 – Train the Trainer event. Angie Ferrari, Pam Nichols, Joe Cunningham attended. Linda Pauley and J.K. McAtee facilitated. The main thing that came out of the meeting is we wanted to give our attendees something to do with their skills immediately. We also discussed holding video conferences coordinated possibly by Legal Aid and through Elliott Birkhead's help in DHHR offices. We hope to begin with phone conferences beginning in December, possibly once per month versus quarterly.
- Leadership Academy outreach to date: 18 events, 170 persons, 34 applicants, 16 accepted from 8 counties for first Academy held in Huttonsville, WV
- 16 satisfaction surveys were received, with 96.25% reporting positively.
- Will hold a steering committee meeting 10/4 immediately following the MHPC meeting.
- 2 outreach events and 8 applications were included above; the next WVLA to be held 11/14-11/16 at Blessed John XXIII Pastoral Center.

WVADVOCATES:

- Paimi: needs a parent or guardian of a child 12 and under,
- Register to vote: Oct 16, 2012
- WV WRIGHTSLAW, April 16-17, Charleston - <http://www.wrightslaw.com/speak/13.04.wv.htm>

MSPCAN (Mountain State Parents Children Adolescent Network)

- Was awarded a federal grant

Legislative Joint Judiciary Committee: 5 people presenting testimony

- Was asked to testify before the Committee to explain the Planning Council and our view on changing the commitment process in West Virginia to allow only the recommendation of the medical community to commit a person.
- Explain how the Planning Council was formed and what our job is in the state. Plainly stated that the council felt that each deserved a hearing and the benefit of legal counsel when commitment was being considered.
- Also explained the Assertive Community Treatment process and suggest that it and other community programs would be better choices to use before a crisis situations happened.
- Will continue to watch this legislation.

Executive Committee:

- Peer support specialist info by Linda Pauley, and James Ruckle
- Brochures are needed: Jenny Lancaster, Linda Pauley, James Ruckle, JK McAtee, Joyce Floyd

Membership Committee:

- Interest Indicator received from David Lashley (attended Leadership Academy) – would like to join the council; Angie Ferrari made motion to accept; Nancy Schmidt seconds; all in favor; motion passed
- Joe Cunningham – did the council consider adding veterans, national guard, etc.
- Replace name from Interest Indicator – to Application?
- Reminder that we need membership from SA regions – 1, 2, 3, 6
- Ardella Cottrill, Heather Hoelscher, and Nancy Schmitt

Bylaws Committee:

- Recommendations need to meet again
- Council of churches Oct 13, 2012 will hold to public policy forum

Next Steps

- Post Rev. Patterson presentation on Recovery coaches on website
- Would like to do a WVMHPC brochure – Linda requested Jenny to do design
- Fair Shake Network <http://www.fairshake.org> – 304-766-0061 / Feb. 26/27
- Next meeting scheduled for Jan 3, 2013 in Flatwoods, WV [LOCATION HAS BEEN CHANGED TO CHARLESTON]

Check Out: Participants were asked to share what went well with the day's meeting and what they recommended changing in order to improve future meetings.

Adjourn