



West Virginia Mental Health Planning Council (WVMHPC)  
April 12, 2012  
Braxton County Dept. of Health and Human Resources • Sutton, WV  
**Meeting Notes**

**WVMHPC Vision:** *The West Virginia Mental Health Planning Council is a unified voice that promotes wellness, recovery, and resiliency for all West Virginians. (2012)*

**WVMHPC Mission:** *to improve the mental health system and function as a catalyst of change in that system. (2008)*

**Results:**

*Council Members –*

- Reviewed and applied decisions from last meeting to upcoming Council work.
- Reviewed and adjusted WVMHPC plan priorities identified by the Council’s Executive Committee.
- Established a process and timeline for developing uniform work plans to implement selected WVMHPC plan priorities.
- Reviewed progress and adjusted WVMHPC website prototype in preparation for launch.
- Received and applied information from agency reports and consumer survey results to WVMHPC work plan development.
- Identified next steps.
- Identified next meeting date and location.
- Evaluated Council meeting.

9:00 am            *Executive Committee Meeting*

10:00 am

**Attendees**

Francie Clark, WVDE  
Ardella Cottrill, WVMHPC Member/Chair  
Joe Cunningham, WV Mental Health Consumers Assoc.  
Angie Ferrari, Executive Committee Member  
Joyce Floyd  
Bob Hansen, Prestera Center  
Heather Hoelscher, Legal Aid of WV  
Ted Johnson, WV MHPC Chair  
J.K. McAtee, Adult Services Chair  
Bob McConnell, Treasurer  
Pete Minter, HUD  
Merritt Moore, Adult Mental Health, BHHF  
Linda Pauley, WVMHPC Executive Committee, Substance Abuse Services

Jackie Payne, BHHF  
Cathy Reed, WVMHPC Member/Housing Chair  
Phil Reed  
CJ Rider, Division of Corrections  
James Ruckle  
David Sanders, BHHF Past Chair  
Nancy Schmitt  
Jack Stringfellow  
Patrick Tenney, WV Council for the Prevention of Suicide  
Vanessa VanGilder

Facilitation Team:  
Martha Minter, Community Access, Inc.  
Leslie Stone, Stone Strategies, LLC  
Jenny Lancaster, Terzetto Creative, LLC

**Welcome & Introductions** – *Ted Johnson, Chair & Dianna Bailey-Miller, Vice Chair*

**Review of last meeting and distribution of notes** – *Ted Johnson & Dianna Bailey-Miller*

Motion to approve notes as submitted

Cathy R. moved

M/S/A

**Executive Committee Report** – *Ted Johnson & Dianna Bailey-Miller*

- WRAP Curricula (yellow, purple, red books)
  - WRAP for Vets
  - MHPC will train facilitators and may use SAMHSA curriculum
  - Training – 2 days / Fairfax Co, VA; \$750 per person upcoming
  - SAMHSA is strong – no cost
  - Combination of both curricula very useful
  - How does correspondence course work? Good for some – as a refresher
  - 5-8 trained WRAP facilitators in WV (maybe as many as 30)
  - \*Need to create current list of facilitators
  - Prevention funds due by 5/18/12 through consumer network
- Blues Fest – May 18, 19, 20 *Diana* - (May 18 – eve; May 19 – all day; May 20 – til 1 pm)
  - Table donated, military has provided materials
  - Volunteers needed – Vanessa, Ardella (sign-in sheet sent around)
  - No funds for lodging, mileage to Charleston
  - Financial donations to support food and gas for volunteers welcome
  - Community Access is willing to set up a separate cost account and provide tax write-off documentation, if desired by any Council member
- Review of travel policy and bylaws
  - Executive committee will be reviewing travel policy and make recommendations to Council
  - Sub-committee will review bylaws and make recommendations to council
  - Sub-committee to nominate a list of offices for Council consideration

**Legislative Update** – *Vanessa VanGilder*

- SB 201 passed – 2 hour suicide training for all school personnel (ASPEN may be source of content)
- SB 379 – Programming penalty free support for MH/SA medical personnel
- SB 109 passed – (previously excluded workplace med administration for those living in residential facilities); Lunch medication can be administered by trained personnel in the workplace
- SB 507 – Raised limit from 12-18 years of age of consent for involuntary commitment
- Request council members to participate in speaking with or writing to legislative interim committee on involuntary commitment
- HP 4424 – Allow meds within 42 hours sunset within 2 years
- Parent Survey distributed – input on peer support group needs in WV by Legal Aid
  - Note – Consider how to include youth in Day Report Centers in peer support

**WV Leadership Academy (WVLA)** – *J.K. McAtee & Linda Pauley*

- WVLA is a national Model
- The training provides participants with skill development to lead and organize in a variety of community and organizational settings
- WVLA is the 1<sup>st</sup> step in a learning continuum WVLA then WRAP to continue skill building
- Work is currently being done under a planning grant to review and adjust WVLA – Advocacy Training
  - Seeking input from Council and Past Grads

- \*Send your contact info to Linda if you are a grad
  - Brochures are being developed
  - Curriculum is under review
  - Evidence-based practice review
  - Evaluation is being done through Marshall University
  - Gathering updated info on certified/past graduates
  - Committee being established to assist with planning
- WVLA Training Content Examples – continuous learning; solution-based; steps and practices for action; supports recovery
- Training has been applied in the following ways by past graduates
  - Starting a halfway house – Active, effective communication/participation on boards (state level, organizational level, etc.)
- WVLA Next Steps and Questions:
  - 3 leadership academies planned for 2012-2013 beginning in fall – Charleston Pastoral Center; Huttonsville Pastoral Center, and another undetermined location
  - Could Leadership Academy be combined with, piggy-backed or partnered with Spring Family Leadership First (FLF) Conference (Friday evening – Sunday lunch)? Linda and JK could come to June 14 FLF meeting in Charleston at Schoenbaum to discuss
  - Pretera will offer space for western WV for a Leadership Academy and will also provide lunch for the 3 days – Bob H.

#### **Expanding the Vision – Ted Johnson**

- Expanding the Vision is WV's federal (SAMHSA) technical assistance project to other states to assist with MH/SA integration ; 6 month timeline, Alaska and Rhode Island also got this grant
- BH Talk ([www.bhtalk.org](http://www.bhtalk.org)) – Interactive website for cross-state conversations regarding issues and ideas about MH/SA integration at the state level
- Links are available on the site to: - Issues such as Homelessness; Events – Conferences; Learning – Webinars, blogs; Messaging Capacity – Idea Sharing, etc.
- Point People – Ted and Rhonda
- What is WV's plan for integration?
  - There are SA seats on MHPC
  - Planning will begin for WV's integrated council
  - Governor's Advisory Council on Substance Abuse (GACSA) –All members are appointed by the Governor. The Council is made up of a variety of community reps – people in recovery, doctors, providers, education, counselors, faith-based, etc.
  - Regional Task Forces on Substance Abuse (RTFs) Open participation; next meeting April 17-24 in each of 6 regions across the state. Have worked on projects for last 6 months and will present results at April meetings.

#### **WWVMHPC Website Development – Jenny Lancaster, Terzetto Creative & Community Access Facilitation Team**

- How do we maintain the website?
- Update the calendar?
- Approve/add resources and tools?
- Develop introduction language for tools
- Outcome in Plan Priority 4 refers to website maintenance– Ted, Ardella, Cathy R will address the answers to these questions
- Determine lunch date (target June or before Blues Fest)
- PLEASE ADD:

- Legislative interim dates
- Upcoming RTF meetings
- Leadership Academy (description/dates)
- BH Talk as button
- Projects Tab w/ LA/WRAP
- Under construction language for incomplete parts
- Organize our committees to list on site
- List member name, interest indicator, title and term – Ardella to send

**Report of Consumer Satisfaction Survey Results – Dr. Jack Stringfellow**

- 3<sup>rd</sup> time using the federal (SAMHSA) survey in WV, 38 questions by category/domain
- Results from the most recent survey are:
  - Access – 89% positive
  - Quality – >91% positive
  - Service Appropriate
  - Outcomes – 73% positive
  - Participation in TX Plans – 87% positive
  - General Satisfaction – 92% positive
  - Social Connection – 73% positive
  - Functioning – 75% positive
  - Shows trends of improvement in WV since 2004
- Process – Respondents invited (by notice and flyer handouts in lobbies of MH service providers), and interviewed 1 on 1 by a trained volunteer team; interviewees were contacted through drop-in centers and other MH Providers
  - Anonymous survey – respondents known only to single member of consumer team
  - Team members – completed the survey for the interviewee during the interviewer – college/univ students, consumers association, council members
- Questions/Ideas:
  - How do we engage providers other than comprehensives?
  - How can we get timely results?
  - How can providers get this info so that they can use it to improve their services?
    - Percentage of respondents by provider
    - Results by provider
  - Address the issue of statistical validity vs. useful information. All information does not have to be statistically valid to be helpful
    - How do we balance this?
  - Should we make it a routine practice to share survey results with each provider i.e., Pretera info w/ Pretera?
  - Currently results are shared only w/ federal government and are used in the request for block grant funds
  - To make sure info can be most valuable to providers we need to stay longer in the waiting rooms (1 afternoon to 3 or more) of each provider
  - There is an increased need for data – basic information about what we do and how well we do it in serving the MH population
- Survey Report to include:
  - Comparison by year
  - Statistical validity between years
  - Functioning, social connectedness and outcomes are below 75% and show room for improvement

**Agency & Committee Reports** (Request Written Reports Using the Template – insert info from written reports)

- Jane McCallister, Social Services, Bureau for Children and Families
- Cynthia Parsons, Bureau for Medical Services
- Francie Clark, Special Programs, Department of Education
- Jackie Payne, Children’s Mental Health, BBHMF
- Cathy Reed, WV Advocates
- CJ Ryder, Division of Corrections
- Pete Minter, Housing & Urban Development (HUD)
- Rhonda Cooper, Adult Mental Health, BBHMF
- Ardella Cottrill, Membership Committee

**Strategic Action Plan Priorities & Responsibilities – Ted Johnson**

Chief Champion –The role of the Chief Champion is to make sure priorities are being addressed and on track

Priority 1 – Linda Pauley, Chief Champion

Strategies –

- 1 – keep
- 2 – keep (after January 2013)
- 3 – keep
- 4 – keep
- 5 – keep
- 6 – keep

Priority 2 – J.K. McAtee, Chief Champion

Strategies –

- 1 – keep
- 2 – keep
- 3 – keep (Dave Sanders, Chair)
- 4 – keep (James, Chair)
- 5 – keep (Council Chair)
- 6 – keep (add Joyce; J.K. McAtee, Chair)
- 7 – keep (Angie, Chair; add due date)
- 8 – keep (Rhonda, Chair)

Priority 3 – Ardella Cottrell, Chief Champion

Strategies –

- 1 – keep
- 2 – keep
- 3 – keep

Priority 4 – Cathy Reed, Chief Champion

Strategies –

- 1 – keep
- 2 – keep
- 3 – keep

Cathy Reed made motion to accept Plan & Priorities as revised above  
Bob McConnell – 2<sup>nd</sup>  
Approved as written

**2012-2013 MHPC Meeting Dates:**

- Council will meet quarterly – July 1, 2012 – June 30, 2013
  - July 26-27 – Location TBA; suggestion – Comfort Suites, Mineral Wells
  - October 4, 2012 – Location TBA
  - January 3, 2013 – Flatwoods DHHR
  - April 4, 2013 – Flatwoods DHHR

**Next Steps**

- Create current list of WRAP facilitators and develop a process to grow group and stay current (steering committee by when?)
- Jenny to send website snapshot and needs to Ardella, Cathy R, and Ted to fill in blanks
- Francie Clark will send website regarding Autism Coaching Program to Jenny Lancaster – please email Francie
- Jackie Payne will distribute info on Vietnam Wall traveling exhibit in S. Charleston on Memorial Day 2012
- Call Ted to request conference call setup 2 weeks in advance
- Join.me is a web conferencing site to share documents (free)
- Send your contact info to Linda if you are a graduate of WV Leadership Academy
- Pretera will offer space for a Leadership Academy and will also provide lunch for the 3 days – Bob Hanson
- Website maintenance– Ted, Ardella, Cathy R will address the answers to the questions on page 3 of these notes
- Agencies and committees – please use report templates that were sent for future meetings to make sure info shared gets into notes

**Check Out:** Participants were asked to share what went well with the day’s meeting and what they recommended changing in order to improve future meetings.

**Adjourn**