



West Virginia Mental Health Planning Council (WVMHPC)
January 19, 2012
Blessed John XXIII Pastoral Center • Charleston, WV
Meeting Notes

The mission of the WVMHPC is to improve the mental health system and function as a catalyst of change in that system. (2008)

Expected Results

Council Members will –

- Receive brief executive committee and state agency status update reports.
- Review and approve the vision of the West Virginia Mental Health Planning Council (WVMHPC).
- Review and comment on future options for the WVMHPC's website.
- Review, revise, and approve the interim plan for the WVMHPC.
- Review the alignment of the WVMHPC's committees with the WVMHPC interim plan.
- Identify next steps for continued planning and action.

9:00 am *Executive Committee Meeting – open to Executive Committee members only*

Participants:

Dianna Bailey-Miller, FAST – LAWV, Vice Chair &
Children Services Chair
Carla Cleek, WV Div. of Rehab Services
Rhonda Cooper, BHFF
Ardella Cottrill, WVMHPC Member/Chair,
Membership Chair
Joe Cunningham, WV Mental Health Consumers
Assoc.
Angie Ferrari, Executive Committee Member
Joyce Floyd
Jackie Hensley, MHPC Secretary
Heather Hoelscher, Legal Aid of WV
J.K. McAtee, Adult Services Chair
Pete Minter, HUD
Merritt Moore, BHFF

Aaron Morris
Cynthia Parsons
Linda Pauley, WVMHPC Executive Committee
Jackie Payne, BHFF
Cathy Reed, WVMHPC Member/Housing Chair
Phil Reed, WVMHPC Member
James Ruckle
CJ Ryder
David Sanders, BHFF, Past Chair
Nancy Schmitt
Patrick Tenney, Valley Health Care
Vanessa VanGilder
Phillip Hughes
Pauline Shaver, WV Council of Churches/Vets

Facilitators: Rebecca Roth

Staff: Martha Minter, Community Access, Inc. and Jenny Lancaster, Terzetto Creative, LLC

Welcome & Executive Committee Report – Dianna Bailey-Miller

Dianna as Co-Chair opened the meeting. She acknowledged the frustration that she and others on the Council had felt at the last meeting, and how that had led to positive change and conversation. She acknowledged the facilitation team as great ladies with skills. Dianna mentioned that MHPC faces challenges, including a tight budget and a challenging strategic plan, and she encouraged MHPC members to think creatively and out of the box about ways to save money, including carpooling. Dianna introduced the new members of the MHPC, including Joyce, Vanessa, and Aaron.

Legislative update – Vanessa VanGilder provided a Personalized Bill Tracking List and update. Not much has occurred to date.

Phone tree – The MHPC members voted to set up a phone tree with Angie's help. Cathy Reid made the motion, and Ardella seconded. Vanessa will send a copy of a handout on how a phone tree works. Angie provided an explanation on how a phone tree works: each member calls 5 people on the list, who call 5 more, etc. Dianna will make a phone tree list.

Agency Reports

Divisions for Children's and Adult Mental Health Services – *Jackie Payne & Rhonda Cooper*

Jackie discussed the disturbing rate of suicide in WV and that The ASPEN Project of West Virginia is doing a great deal on this issue. She asked if MHPC members want Ed to be active on this issue on their behalf. Berry was asked to write talking points about suicide and mental health for WV Superintendent of Schools Dr. Jorea Marple, so that Dr. Marple can prepare to do a video that all schools will see. Berry provided an update on the Jason Foundation.

Jackie Payne asked whether MHPC members would like Eliot to do a weekly legislative update and the answer was affirmative. The members received a 7-page handout on legislative updates that Elliot had sent to Ted. Vanessa mentioned that there are no bills moving at present but that she is glad to help with legislative updates.

Jackie Payne spoke, saying that Ted had asked her to talk about a grant AFA to schools, and that the awards would be announced soon. She also discussed the strategic planning process. There will be comprehensive means assessment for children and adults, and there will be a representative from MHPC on the state's planning workgroup, which would love input from MHPC. Dianna and Ted will handle this process and they will keep MHPC members up-to-date on the process, such as what documents to share with the consultants. Rhonda Cooper discussed a pilot grant of \$20,000 to develop a cross planning council. The MHPC members will get an update on the dates for Substance Abuse events such as the Regional Task Forces. Ted had also asked Jackie to discuss AFAs for drop-in centers, which she noted will have a youth and veteran flavor. Only one center – Hampshire County Pathways – through Hampshire County FRN was favorable so far. JK is the lead for work on the Leadership Academy.

Division of Juvenile Services – *Debi Gillespie*

N/A

Division of Corrections – *CJ Ryder spoke on behalf of Jennifer Ballard*

CJ Ryder provided an update in place of Jennifer Ballard from the Division of Corrections. Discussion followed on the KISRA Compeer program, and potential partnership opportunities with KISRA. Members discussed the idea of inviting a representative of KISRA to a future MHPC meeting.

Bureau for Medical Services – *Cynthia Parsons*

Cynthia Parsons from the Bureau for Medical Services, Medicaid, in her update, discussed how Medicaid is providing a twice-a-year in-person check at non-CRCs in the state, to check on Suboxone, and that doctors are now mandated to find counseling 4 times per month for a patient that is being prescribed Suboxone. Have lost approximately 25-30 doctors b/c of policy changes; also doctors can no longer accept cash payments. Vivitrol policy is similar. She mentioned that Medicaid had a 115M deficit this year and then the Medicaid roles and expenses are expected to increase under the roll-out of health care reform, but although they haven't been asked to cut any services, this could happen in 2014. She also mentioned that there is a shortage of Adderall in pharmacies.

Cathy Reid noted that WV Advocates are usually in the update segment of the MHPC agenda. She announced that Wednesday, February 8, is a day of Individualized Education Program (IEP) training that will be held at the Huntington Holiday Inn conducted by WV Advocates. Members discussed WRAP (Wellness Recovery Action Plan).

Bureau for Children & Families – Jane McCallister

N/A

Education – Francie Clark

N/A

Housing – Pete Minter

Pete Minter on behalf of HUD WV spoke about news in housing in WV. Arc of Harrison County submitted a Home of Your Own \$500,000 proposal funds (to assist persons with disabilities with home ownership) and is waiting to find out whether it is funded. HUD WV's budget was cut 47% from last year to this year. Cathy Reid gave Pete Minter the background on the MHPC's Housing Committee, which, in order to have greatest impact, had decided to target one region in the state at a time and chose the Eastern Panhandle because this region has so many issues with affordable housing. Pete discussed how the VA administers HUD vouchers, and discussed talking with the state Housing Authority about whether it is a possibility to establish preferences for individuals with disabilities (there was discussion about whether this would include mental illness). Nancy will follow up with Pete and invite him to participate in a Housing Committee conference call.

Department of Vocational Rehabilitation – Carla Cleek

Carla Cleek of the Department of Vocational Rehabilitation mentioned that there is a new director, Donna Ashworth, and that the agency has loosened its criteria for eligibility; employment is the goal and more people need to be participating -- if individuals are seeking involvement in AA, etc, then the former criteria of 90 day sobriety is no longer a requirement for receiving services.

Substance Abuse – Merritt Moore

Merritt Moore noted that co-occurring mental illness and substance abuse is the norm for substance abuse rather than being unusual. Regional Task Forces' priorities appear to be community involvement, focusing on creativity, and figuring out crisis issues. Jackie Payne asked who the substance abuse contact for the state is, since Merritt has changed divisions. Jackie noted that getting feedback on the substance abuse block grant and its tracking process is difficult. She also noted that SAMHSA is conducting a series of talks about bath salts in north central West Virginia.

Review and Approve Vision Statement – Ardella Cottrill

Ardella presented a couple options and the group wrote a new vision statement that passed. See below. Cathy Reid made the motion to pass the vision statement and Angie second.

The West Virginia Mental Health Planning Council is a unified voice that promotes wellness, recovery, and resiliency for all West Virginians.

Review, Revise, and Approve Meeting Notes –Dianna Bailey-Miller

Page 10; meeting took place on Sept. 13 (already took place, not an announcement); list of participants needs revised; Dianna asked MHPC members if they were ok with their Secretary Jackie making final revisions on the minutes and sending them to the facilitation team, and the MHPC members agreed.

Website Review – Layout and Purpose – Jenny Lancaster

Jenny Lancaster provided an overview of website mock-ups for layout. Questions included the option for a "donate now" button and large print option. Jenny will send out a survey by around the end of January, and then two weeks later, Jenny will provide the first mock-up.

Interim Plan – Introduction

MHPC members reviewed comments on the interim plan draft from both BBHF and Bob Hansen. MHPC members would like to invite others from the provider association to their meetings, and are willing to speak to the provider association too. Cathy Reid made the motion to accept the interim strategic plan with edits as discussed by MHPC, and Ardella seconded it. The motion was approved. Dave Saunders noted that an implementation plan is needed for the interim strategic plan, and Jackie and Martha agreed. Nancy noted that it is great to have a written plan in front of us that we can see. There was a discussion of the tight budget plus and the Blues Fest. Jackie Payne requested an update on what the agreement with the Blues Fest is and what MHPC has already agreed to prior to the January MHPC meeting and how much flexibility MHPC has in meeting any obligations to the Blues Fest.

Discussion of Committee Alignment with Interim Plan – Dianna Bailey-Miller

Ad Hoc Committees

Priority 1 - Data

Linda Pauley, Patrick Tenney, Joe Cunningham

Priority 2 - System Ins

Joyce, Ardella, JK, Angie, Nancy, James Ruckle

Priority 3 - Comprehensive Co

Ardella, Jackie, Heather

Priority 4 - Fiscal Accountability

Cathy Reed, Ardella, Phil Reed

Motion to accept strategic plan with changes made today:
motion – cathy, second?

Send before meetings so folks not here can sign up

Next Steps, Set Standing Schedule, and Check Out –Dianna Bailey-Miller

April meeting date: The MHPC members agreed to a next meeting on Thursday, April 12 in Flatwoods. Jackie Payne reserved the DHHR office there for the meeting.

Blues Fest – Has money already been committed?

Check Out: Participants were asked to share what went well with the day's meeting and what they recommended changing in order to improve future meetings. Participants used individual index cards to share their thoughts.

Adjourn