



West Virginia Behavioral Health Planning Council (WBHPC)
July 14, 2016
Braxton County DHHR • Sutton, WV
Meeting Notes

WBHPC Vision: *The West Virginia Behavioral Health Planning Council is a unified voice that promotes wellness, recovery, and resiliency for all West Virginians. (2012)*

WBHPC Mission: *to improve the mental health system and function as a catalyst of change in that system. (2008)*

Executive Committee Meeting *(Executive Committee Members only)*

Cathy Reed
Aaron Morris
Melissa Duncan
Nancy Schmitt
Phil Reed
Ted Johnson
J.K. McAtee
Patrick Tenney
Ardella Cottrill
Vanessa VanGilder
Linda Pauley
Heather Hoelscher
Tom Kimm

Laura Barno
Richard Ward
James Ruckle
Nancy Deming
Susan Coyer
Joyce Floyd
Jaylen Floyd
Marian Steele
Jamie Moffitt (HELP4WV)

Martha Minter
Jenny Lancaster

1-844-HELP4WV

- Jamie Moffitt with First Choice Health Services presented on the 1-844-HELP4WV Call Line
- 24-hour day/7 day a week hotline for people with substance abuse or behavioral health issues
- 1,000 resources in WV
- Calls are monitored for trends/issues
- Always a live voice online; online chat available
- Follow up calls to check in
- WV NaviCare – navigators who can help with insurance; can connect to Medicaid or other system that fits financial needs

Welcome, Introductions and Review of Agenda

- Linda welcomed participants
- Linda presented the award she and J.K. received from WVAADC - <http://www.wvaadc.com/>
- Chris Walters 304-542-1049 – phone number to receive flood donations
- Will need peer support services/trauma informed care on site; Red Cross has folks on site; FEMA will have crisis counselors

Review of Notes from April 2016 meeting, discussion, and vote on approval

- Participants reviewed meeting notes
- Motion to approve the minutes – Cathy Reed; second – Aaron Morris; all approved

Reports from Committees and Agencies

Membership Committee

- 2 Interest Indicators; only 1 being presented at this time
- Melissa Southall (Parkersburg, WV)
- Motion to accept Melissa Southall (families/children) – Cathy Reed; second – Phil Reed; all approved
- Request for a report of how many applicants received and how many slots needed
- Ardella/Linda to send membership list to council

Council Membership

- The following Council Members up for term renewal:
 - Angie Ferrari
 - Nancy Deming
 - Tom Kimm
 - Ted Johnson
- Motion to renew council members – Cathy Reed; second – Ardella Cottrill; all approved

Adult Services Committee

- Co-Chairs – Tom Kimm / Heather Hoelscher
- SAMHSA's Working Definition of Recovery
- Working definition of recovery - A process of change through which individuals
 - improve their health and wellness
 - live a self-directed life
 - and strive to reach their full potential
- Four major areas that support a life in recovery:
 - Health
 - Home
 - Purpose
 - Community
- 10 Guiding Principles of Recovery
 - Recovery emerges from hope
 - Recovery is person-driven
 - Recovery occurs via many pathways
 - Recovery is holistic
 - Recovery is supported by peers and allies
 - Recovery is supported through relationship and social networks
 - Recovery is culturally-based and influenced
 - Recovery is supported by addressing trauma
 - Recovery involves individual, family and community strengths and responsibility
 - Recovery is based on respect
- Tom Kimm met w/ Dr. Joy Buck with WVU School of Nursing re: using Dr. Buck's skills and Survey Monkey account – re: quality of care
- Suggestion to add page to the website to indicate how people can get in touch with the advocacy agencies in West Virginia
- "I need an advocate" tab will take them to a page that is user friendly

- Focus on substance abuse and behavioral health
- Proposed is just a general feedback mechanism - gather basic feedback
- Spoken w/ Heather at Help4WV – about access to the reporting and report on people being placed; having direct access to their database; want to see how services are located; requested API access where their database would be open to others
- Melissa – Carve out residential for SA; looking at kids; carve out foster care in Res 1 and Res 2; kids get placed out of state in residential facilities for years;
- Youth Villages program – Lilly’s place is a model program in the US but not licensed, 1152 sub-waiver; can’t get paid 22-64
- Melissa will participate on Adult Services Committee
- Working on codes for SBIRT
- At next meeting Tom/Heather will have the survey
- Re: advocacy page – want to gather information on experience, but we cannot provide services to individuals, but we can provide connections to other agencies
- Business Agreement between WVU and WVBHPC / re: HIPAA requirement/protections
- Question about restrictions under 42C, ICFD – intermediate care facilities for intellectuals with disabilities
- Concerns raised about protecting the information and protecting the council
- NAMI is trying to start back up in WV, National NAMI supports the Murphy Bill
- Peer support codes being developed – should have codes soon through BBHFF for behavioral health centers; BCF have developed through socially necessary services; Medicaid has asked state to fund some codes and WV has started
- Committee Members
 - Patrick
 - Ted
 - James
 - Vanessa
 - Melissa
 - Heather
 - Tom

Executive Committee

- Talked about the standing committees; every council member should be on a committee
- Committees need to be more active

Committees:

- Executive
- Monitoring & Evaluation
- Membership
- Adult Services
- Children’s Services
- Olmstead

Update on draft WVBHPC Orientation Manual

Introduction

- 1) Welcome Letter from the Council Chair
- 2) Mission Statement
- 3) Membership

Bylaws

Plan of Operations

Website

History and Purpose

- 1) Federal Law
- 2) Federal Mandates
- 3) WV
- 4) Composition of membership
- 5) Duties of the membership
- 6) How to be an effective Council member
- 7) Application (Online)

Federal Block Grants

- 1) Definition
- 2) Community Mental Health Services Block Grant
- 3) Substance Abuse Prevention and Block Grant
- 4) Purpose
- 5) WV Grant Application for 2016-2017
- 6) Reporting Requirements for block grants

SAMHSA White paper

Olmstead Planning

Hartley Decision

Moving into the 21st Century

- 1) History of West Virginia Planning and Advisory Council
- 2) Meaning of recovery in Mental Health and Substance Abuse
- 3) Federal Report on the Planning Council in 2013
- 4) Comprehensive Centers
- 5) Integrated Care
- 6) Peers in the Work Force
- 7) Trauma Informed Care

Reporting Forms

- 1) Rules for Travel
- 2) Travel Reimbursement Form
- 3) Reporting activities Outside of the Council

Resources

School Based Mental Health Centers – Kelly Caseman

Discussion

- Council roles
- Discussion of the WVDHHR/BBHF SA/MH Block Grant and reporting requirements
- Federal report on the planning council – met with the rep from federal gov't and got a good report card
- Describe/define comprehensive centers
- Integrated care
- Workforce/Education/Certification process for Peer Support Specialist and Recovery Coaches

Nominations for board members and voting

Nominating Committee – reported by Ted Johnson

Chair

Nominating committee nominates Tom Kimm; Phil Reed seconded, JK McAtee second to close nomination, Linda Pauley makes motion to accept chair, Heather seconded - All in favor

Vice Chair

Nominating committee nominates Cathy Reed, motion to close nominations by Vanessa VanGilder, Aaron Morris seconds it, all in favor, James Ruckle makes a motion to accept, Laura Barno second it, Cathy Reed abstained - All in favor

Secretary

Nominating committee nominates Ardella Cottrill, motion to close nominations by Vanessa VanGilder, Cathy Reed seconded it, all in favor, Nancy Deming makes motion to accept, Cathy Reed seconds - All in favor

Treasurer

Nominating committee nominates Joe Cunningham, motion to close nominations by Melissa Duncan, Phil Reed seconded it, all in favor; Ardella Cottrill makes motion to accept; Joyce Floyd seconds - All in favor

Past Chair

Linda Pauley automatically remains on executive committee as past chair

Executive Committee Nominees:

- Patrick Tenney, Vanessa VanGilder Joyce Floyd
- Linda moves to close nominations, Cathy Reed seconds it; Cathy makes motion to accept, Laura Barno seconded it, All in favor

Announcements

Susan Coyer - Huntington Comprehensive Treatment Center:

- Outpatient substance abuse program; treatment of opioid addiction; dually license – opioid and behavioral health center
- Medicaid, insurance, private pay
- Suboxone, Subutex, Methadone, Vivitrol
- No wait list; 1200 patients

Richard Ward – would like to do a presentation on WVDRS services for behavioral health clients

Book – When the Body Says No: The Cost of Hidden Stress by Dr. Gabor Mate

Building Bridges of Respect Conference – September 8-10, Fairmont, WV

Next Meeting Dates

October 20, 2016 – Charleston

January 19, 2017 – Flatwoods

April 20, 2017 – Charleston

July 20, 2017 - Flatwoods

- Discussion about rescheduling meetings - during winter months, decide a mechanism for rescheduling
- Options:
 - Reschedule to the following week?
 - Reschedule to the following month?
 - “Go To Meeting” to two weeks later?

Check-out and Evaluations

Adjourn

DRAFT

