



West Virginia Behavioral Health Planning Council (WBHPC)  
April 20, 2017  
Flatwoods Days Inn • Sutton, WV  
**Meeting Notes**

**WBHPC Vision:** *The West Virginia Behavioral Health Planning Council is a unified voice that promotes wellness, recovery, and resiliency for all West Virginians. (2012)*

**WBHPC Mission:** *to improve the mental health system and function as a catalyst of change in that system. (2008)*

**Executive Committee Meeting** (*Executive Committee Members only*)

Participants:

Cathy Reed  
Ardella Cottrill  
Joyce Floyd  
Vanessa VanGilder  
David Sanders  
LouAnn Petts  
Richard Ward  
J.K. McAtee  
James Ruckle  
Aaron Morris  
Debi McCoy  
Elliott Birckhead  
Katie Heller

Marian Steele  
Diana Whitlock  
Nancy Deming  
Melissa Southhall  
Patrick Tenney  
Phil Reed  
Linda Pauley  
Heather Hoelscher  
Kim Walsh  
Rebecca Roth

Staff:

Martha Minter  
Jenny Lancaster

**Welcome, Introductions, Review of Agenda, Announcements**

- Kim Walsh addressed the council and informed them she is leaving her position as Deputy Commissioner for WVDHHR BBHFF.
- Tom Kimm resigned as WBHPC Chair effective March 29, 2017
- Executive Committee updates are as follows:
  - Cathy Reed, Chair
  - Joyce Floyd, Vice Chair
  - Ardella Cottrill- Secretary
  - Joe Cunningham- Treasurer
  - Lou Ann Petts- Member At Large
  - Vanessa VanGilder-Member At Large
  - Patrick Tenney- Member at Large
  - Linda Pauley- Past Chair

**Review of Notes from January 2017 meeting, discussion, and vote on approval**

- Members reviewed January 2017 meeting minutes
- Aaron Morris made motion to approve minutes; J.K. McAtee second; all approved

### **Executive Committee Report – *Cathy Reed***

- Executive Committee met with Kim Walsh and Rebecca Roth (*Linda Pauley, Joe Cunningham were not present*)
- Executive Committee will be meeting by phone once per month with Elliott, Dave, or Rebecca
- Rebecca will present at the July 20<sup>th</sup> meeting
- Process of block grant review – BBHFF will send out grant in pieces for the council to review
- Want the council to take a more active role
- Council should work on issues that the council deems important and author a white paper and develop talking points (for legislature)
- Discussed grant reviews
- Discussed development of the strategic plan
- Will do on-site visit with TA Providers
- Budget issues – we don't know what the budget looks like and what the allocations will look like; may affect the ability of the council to meet face to face

### **Membership Update – *Ardella Cottrill***

- Have vacancies that need filled:
  - 1 Individual in Recovery-Consumer/Survivors/Ex Patients
  - 1 Provider - Substance Abuse
  - 2 Individuals in Recovery-Consumer/Substance Abuse
  - 1 Provider
  - 2 Youth
- Discussion of types of outreach – perhaps do an insert in the brochure as well as online version that can be emailed
- Aaron shares brochures at Fair Shake Network events

### **Committee Reports and Committee Discussion – *Patrick Tenney***

- Permanent Committees per Bylaws:
  - Executive
    - Cathy Reed
    - Joyce Floyd
    - Ardella Cottrill
    - Vanessa VanGilder
    - Patrick Tenney
    - Joe Cunningham
    - Louann Petts
    - Linda Pauley
  - System Monitoring and Evaluation
  - Membership
    - Ardella Cottrill
    - Linda Pauley
    - Cathy Reed
    - Angie Ferrari
  - Housing
  - Adult Services
    - Heather Hoelscher
    - Patrick Tenney
    - Ardella Cottrill
    - Ted Johnson
    - Linda Pauley

- Vanessa VanGilder
    - Children and Family Services
- Ad Hoc Committees: Chair may create as necessary
- Patrick Tenney would like for members to email him with their preference on which committee they would like to serve on. His email is [ptenney@valleyhealthcare.org](mailto:ptenney@valleyhealthcare.org)
  - If you don't sign up for a committee by July meeting, you will be "voluntold"
  - If you can't serve on a committee, maybe the planning council is not for you
- Committee members can be outside of the council
- Committee meetings will likely need to be via email/conference call/etc. – Join.me is a free screen-sharing/conference call resource; freeconferencecall.com is another free option
- Motion to use committee report form (available online under Committee/Template Reports) – Ardella Cottrill made motion; Katie Heller second – all approved

### **Committee Reports/Member Updates:**

#### Suicide Prevention - Patrick Tenney

- Halfway through block grant
- All spots filled
- Trained 19,000 total (16,000 kids trained/3,000 adults) – trained in the state to recognize signs of suicide/depression and referral (gatekeeper training/model)
- Bari Faucett will be trained on Suicide Hope – to train people /providers re: suicide; lot of turnover w/ therapists
- ASIST - Applied Suicide Intervention Skills Training
- Connected to the 844-HELP4WV
- National Suicide call line / WV was handled by Valley Health Care; answered at regional backup centers in VA; First Choice is now a call center for the National Suicide Call Line
- Get referrals all the time

#### Nancy Deming

- Workforce Conference – Mental Health Addiction Fair talking about resources/opportunities in the field

#### SAMHSA – workforce issues across the state (Marshall hosted video-conference)

#### Elliott Birckhead (reporting for Donna Moss)

- MSP-CAN hosting Youth Summit this year – families and children dealing w/ emotional, behavioral and mental health issues

#### J.K. McAtee – Leadership Academy

- Held 54<sup>th</sup> leadership academy in Charleston, WV
- 21 participants from 15 counties
- Next (55<sup>th</sup>) WVLA will be held at WVU-Tech at Carter Hall, Beckley, WV - May 17-19, 2017
- Peer Recovery Network, Opportunity House, and DSBS WV, in collaboration with Doors to Wellbeing will host a Peer Summit on July 6-7, 2017
  - Applications are going out for presenters
  - Objective is to develop a white paper position
  - Participants have to pay their own way
  - Space for 35 people, but open to presenters
  - Doors to Wellbeing is going to facilitate white paper supporting a statewide peer coalition
  - Opportunity House provide facility
  - Doors to Wellbeing will help with technical assistance to establish a statewide Peer Network

- LouAnn – struggle with keeping people engaged with Treatment; getting people to a provider in a timely manner

David Sanders – BBHFF

- Applied for another round of BRS-TCS
- Focus is workforce including peer workforce and workforce development in WV
- Identified target populations - older adults, pregnant women, veterans

Vanessa – Olmstead

- 3 openings on Olmstead for people with disabilities

Aaron – Article in Charleston Gazette – where jail staff/law enforcement will receive Crisis Intervention Training

J.K. – suggested to write letter to offer support to Corrections re: CIT Training; J.K. motion to write letter for Chair approval; Melissa Southhall second; all approved

#### **Medicaid SUD Waiver/Ryan Brown Fund – James Ruckle**

- Questions about status of Medicaid SUD Waiver and Ryan Brown Fund
- Elliott reviewed HB 2428

#### **Legislative Updates**

- Elliott passed out list of legislative bills and where they stand; next steps
- Consider developing a master list for the WVBHPC to track when Legislature is in session
- Fair Shake Network also tracks bills
- Elliott reviewed how to navigate the WV Legislature website

#### **WV Division of Rehabilitation Services – Rich Ward**

- Presented an overview of the WV Division of Rehabilitation Services
- New Secretary – Gayle Manchin
- New Director – Marijane Waldron
- 12,500 applied for services last year; not all achieved employment goals in that year
- 95% of individuals served had significant disabilities
- 115 DRS employees
- Work w/ individuals on Individual Plan for Employment
- Service is part of achieving a vocational goal
- 204 percent increase in earnings after DRS services
- Review of DRS services
- Success Stories
- Occupations of individuals vocationally rehabilitated
- DRS exceeded required federal benchmarks
- Review of DRS Programs
- CEO Summits
- Community Rehabilitation Programs
- Sensory Specialty Unit Programs
- Behavioral Health and Corrections Program
- Partnerships w/ WorkForce West Virginia

#### **Consumer Survey / Website – Cathy Reed**

- Heather Hoelscher distributed proposed WVBHPC Online Satisfaction Survey Questions

- Developed with SurveyMonkey and collaborated with WVU – Dr. Joy Buck
- Tom Kimm had indicated he would meet with WVU
- Members reviewed survey and suggested questions/revisions
  - Question about accessing services for the first time
  - Demographics
  - County can be a drop-down field in SurveyMonkey
  - Question about accessibility/how to access services
  - Transportation is more important – possibly rearrange the questions
  - Ease of navigation of telephone system and getting a hold of a person (How easy is it to speak to someone?)
  - Possibly group questions (Building, Treatment, Transportation)
  - Will the survey submit if all questions are not answered?
- Add questions about demographics (male/female, age, etc.)
- Move demographics section to the end
- Heather will make corrections and send back to the Adult Services Committee for review and then meet with Dr. Buck, then send back to the council.
- Motion to accept survey with changes – Joyce Floyd; Marian Steel second; all approved

### Bylaws

Page 5 / Committees:

- Numbers 1-6 under Ad Hoc Committees needs to be moved to Permanent Committees.
- Jenny will revise and repost on website

### Strategic Plan Discussion

- Several members have participated on TA calls (w/ Florida, Louisiana, West Virginia, and Maryland)
- Survey has been sent out to Members re: Mission/Vision/Values
- Members revised Mission/Vision Statements as follows:
- Original - WVBHPC Mission: to improve the mental health system and function as a catalyst of change in that system (2008)
- **NEW - WVBHPC Mission: to improve the behavioral health system and advocate for positive change. (April 2017)**
- Original - WVBHPC Vision: The West Virginia Behavioral Health Planning Council is a unified voice that promotes wellness, recovery, and resiliency for all West Virginians. (2012)
- **NEW (no change) - WVBHPC Vision: The West Virginia Behavioral Health Planning Council is a unified voice that promotes wellness, recovery, and resiliency for all West Virginians. (April 2017)**
- Motion to approve change to mission statement – Ardella Cottrill; Joyce Floyd seconds; all in favor
- Values Statement – send suggestion to Strategic Planning Group - Patrick Tenney- ptenney@valleyhealthcare.org by Friday April 28,2017 (some members provided Values key words on evaluation cards – attached)
- SWAT Analysis will be coming out soon

### Next Steps:

Next Meeting: July 20, 2017 in Charleston Area

Rally for Autism - April 29 (9:00-12:00); Ritter Park, Huntington; For more information: 304-525-8014

### Adjourn

## Values Key Words

- Inclusiveness
- Monitoring
- Evaluate
- Peer Input
- Involvement
- Educate
- One Voice
- Blessed
- Unique
- All inclusive
- Inclusive
- Encouraging
- Focused
- Recovery
- Responsible
- Prompt
- Forward-thinking
- Creating an inclusive community
- Engaging communities at the grassroots level to provide appropriate solutions to statewide issues
- Respect
- Consensus
- Informed
- Caring
- Respect
- Compassion
- Caring
- Health people
- Advocacy
- Education
- Person-centered
- Inclusiveness
- Respectful
- Hope
- Collaboration
- Visible
- Understanding