



West Virginia Behavioral Health Planning Council (WVBHPC)
October 24, 2013
Blessed John XXIII Pastoral Center • Charleston, WV
Meeting Notes

WVMHPC Vision: *The West Virginia Mental Health Planning Council is a unified voice that promotes wellness, recovery, and resiliency for all West Virginians. (2012)*

WVMHPC Mission: *to improve the mental health system and function as a catalyst of change in that system. (2008)*

Executive Committee Meeting (*Executive Committee Members only*)

Attendees:

Angel Bush
Rhonda Cooper, National Guard
Ardella Cottrill, WVMHPC Secretary
Heather Hoelscher, Advocates for Social Justice
Mark Hoovee, National Guard
Ted Johnson, WVMHPC Past Chair
Susan Kraber
Daniel Lashley
J.K. McAtee, WVMHPC Treasurer
Bob McConnell
Pete Minter, HUD
Merritt Moore, Adult Mental Health, BHHF
Aaron Morris
Linda Pauley, WVMHPC Chair
Cynthia Parsons, BHHF

Cathy Reed, WVMHPC Member/Housing Chair
Phil Reed, WVMHPC Member
James Ruckle
David Sanders, BHHF, WVMHPC Past Chair
Nancy Schmitt
Stephanie Southall, BBHBF Consumer Affairs
Patrick Tenney, WV Council for the Prevention of Suicide
Andrew Walker, BHHF
Susie Wilson, BHHF

Support:

Martha Minter, Community Access, Inc.
Jenny Lancaster, Terzetto Creative, LLC

Welcome & Introductions

- Linda Pauley opened the group. Participants introduced themselves.
- Review of Agenda
- Review of July 2013 Meeting Minutes; Motion to approve minutes – Cathy Reed; Second – Phil Reed; all approved.

Committee and Agency Reports

Executive Committee

- Review brochure; on hold until approved by Kim Walsh; edits needed
- Kanawha Valley CTC is working to get approval from college to start a 2 year program for peer support specialists; working with WVU to get 2+2 (2 year associate, then next 2 years at WVU to get bachelor's degree).

- Problems being faced getting Medicaid approval to hire recovery coaches and peer support specialists to bill through Medicaid. Cynthia Parsons had never received call/letter from anyone that said they needed peer support services (MH/SA). Georgia has peer support specialist.
- J.K. will send notice to participants re: letter-writing campaign
- KVCTC is working on this issue.

Consumer Affairs Office – Dave Sanders

- Peer Certification is getting close; within next month will be posted to BBHF website
- Overview about curriculum list has been prepared – Dave will send to Linda to circulate to the group re: education requirement.
- BRSS TACS initiative – 2 parts to the grant; kiosk with screening software (SBIRT); common ground – shared decision-making software; will ask questions about health care provider, then give print out that will give them discussion info, and one-pager to help conversation.
- Would like to get it into a primary health center, CBHC or workforce center; would be helpful for SBIRT;
- TA scheduled with Pat Deegan (MA)
- Whole Health Action Training; talk to folks about diabetes, diet, etc. involved with SA/MH issues.
- Training scheduled for Dec. 9-10 in either Charleston or Huntington (only 30 people)
- Offer WVBHPC – 3 seats for the training
- Training free of charge; did not secure travel/lodging reimbursement

Children Services – Susie Wilson

- Working with Council for the prevention of suicide – looking to go statewide (ASPEN no longer has grant);
- Work on current infrastructure – best way to go about this is to do regional train the trainers
- School crisis committee Initiative – crisis response plan approved through legislation; MH aspect was not integrated; WV Dept of Ed – have invited them to work together to submit as an addendum.
- Will integrate into what is already there – prevention, training, response, recovery; then they can implement into the plan.
- Mental Health responders duties and trying to work with the school system to get approved.
- Question – Are you working with Our Children Our Future Initiative; what policies could be in place or strengthened? Susie will check and get response. Have Stephen contact Bob
- ASPEN – recognize, respond, react – working on school peer training as well.
- School counselors now have certification that will integrate crisis response

PATH – Merritt

- Re-posted region 2 and region 6 are in the process of being re-posted (AFA)
- Working on notebook and map to show services that are available;
- Hundred Thousand Homes Initiative – national initiative that has come to WV for preliminary – Nov. 4-5th is open for registration; will be in Bridgeport; goal is permanent housing for homeless. www.100KHomes.org; WV Council to End Homelessness;
- SOAR – Way to expedite paperwork for SSDI applications; 90 days/20 hours
- Must be trained/certified to do this work (training is available online); 16 CEUs available for professionals
- Emphasizing street outreach

National Guard - Rhonda Cooper

- Working on peer support efforts; behavioral health is needed in military, but many times not wanted
- Contacted folks for think tank
- Cathy – Advocates do have TBI resources

Medicaid – Cynthia Parsons

- Started doing trainings with county DHHR re: Medicaid expansion
- By Oct. 12 – over 40,000 people applied; letters sent out ahead of time
- Website has been fine; 50,000 applied and on
- Clinic and rehab manuals are almost completed; will be meeting with behavioral health providers
- Foster children are a priority for assessment/services in the new manual; if identified as “039” then they receive priority on assessment/services
- Telehealth services – put into manual that we encourage providers to use telehealth as available
- Coordination of Care in manual
- Encourage people to keep copies of their information; (encrypted zip drive)
- With the expansion – expecting over 100,000 people to enroll
- If people are put on through expansion, they will receive the same services as traditional Medicaid (regarding Behavioral Health)
- Single male substance abusers – will be largest new population

WV Advocates – Cathy Reed

- Board opening for person for WV Advocates; no one on board from eastern panhandle
- Meet every other month; travel/lodging supported
- 1-800-950-5250 to get application
- Provider and consume slots are open

HUD – Pete Minter

- Gov’t open; HUD funding is at FY13 sequestration levels until Jan 15
- Competitive grant programs have been cut
- HOME program has been cut (first time home buyers)
- Overall - \$16 million cut between FY12 and FY13
- Public housing authorities cut \$10 million
- Can’t put programs on the streets when money isn’t available
- City of Charleston – lost \$2million over prior years
- In process of doing FY14 planning, delayed because of shut down
- 16 HUD offices around the country that are closing

BBHF First Integrated Behavioral Health Conference Updates

- Stephanie Southall and Andrew Walker provided update on the conference
- Will be planning for next year immediately
- Would like scholarships for consumers next year
- 722 attendees (25 states plus Canada, 43 exhibitors, 94 sessions)
- Session evaluations
- All sessions rated well; speakers receiving feedback
- Session Evaluations Overall – increased knowledge, speaker engaging, speaker well prepared, speaker knowledge
- Recommendations – more time, multi-part session, handouts, specific notes to the speakers, room environment, etc.
- Post Conference Surveys/Overall Conference Experience was excellent or above average
- Reasons for Attending – conference theme, variety of sessions, keynote speakers, CEU availability, price, location, time of conference
- Participant satisfaction

Membership Update – Ardella Cottrill

Renew Angie, J.K. and Joyce Floyd; Motion to approve – Cathy; Second – Phil; all approved

Membership committee to have conference call; interest indicators; will vote in January

Other updates:

- Attempt to re-activate NAMI (National Alliance for Mental Illness); Elliott pulled together list of interested persons; found out more information; active NAMI groups in Lewisburg, Wheeling, Charleston, Mid-Ohio Valley, etc.
- Several folks trained as instructors in family to family
- National NAMI is providing technical assistance; approach may be to provide TA to individual groups and let statewide groups unfold however
- Next conference call in December

Affordable Care Act Updates and Opportunities – Cathy Reed and Phil Reed

- Questions were fielded regarding Private Health Insurance subsidies and Medicaid expansion
- WVAHC Info Card was provided
- www.enrollwv.org
- A Citizen's Guide to Enrollment in West Virginia: Health Insurance Options Under the Affordable Care Act
- <http://bewv.wvinsurance.gov/> to search for enroll help / <http://bewv.wvinsurance.gov/CountyHelp.aspx>

New Member Orientation Materials

- Linda Pauley shared an older orientation manual to the planning council
- Manual needs updated
- Includes how to be an effective member
- Member expectations
- Surveys / reports have not been completed in recent years
- Would like to send out a council member along with bureau when they evaluate services
- Council would like to update the materials if budget allows
- Patrick, Ardella, Linda, will serve on orientation committee
- Motion to update manual – Ardella; Second – Cathy; all approved
- Suggestion to have members provide mentorship – develop mentorship program
- Cathy to help mentor new member Susan
- Sample Orientation Manual included:
 - Introduction
 - Federal Mandate
 - By-Laws
 - Plan of Operations
 - How to be an Effective Member
 - Studies and Surveys

Report Out & Next Steps

- Nov. 15th – One Night without a Home (located at Magic Island – 6 pm to midnight)
- Nov. 13, 14, 15 – Leadership Academy at Blessed John XXIII Pastoral Center – Charleston, WV
- www.wvleadershipacademy.org
- Opportunity to present BRSS TACS presentation nationally – in Dec. will also talk about peer involvement on planning councils
- Alternative Conference – peer support/recovery focused programs
- Fair Shake Network – Disability Advocacy Day scheduled for Feb. 18 and 19
- Next meeting dates: Jan. 23, 2014; April 17, 2014

Check out & Evaluation and Adjourn – Cathy makes motion to adjourn.