



West Virginia Behavioral Health Planning Council (WVBHPC)  
April 19, 2018  
Saint John XXIII Pastoral Center • Charleston, WV  
Meeting Notes

**Attendees:**

Cathy Reed, Phil Reed, Louann Petts, Linda Pauley, Hannah Barker, Joyce Floyd, Marian Steele, Vanessa VanGilder, James Ruckle, JK McAtee, Nate Siggers, Rich Ward, Aaron Morris, Donna Moss, Debbie McCoy, Holly Crookshanks, Martha Minter, Deanna Thomas, Jennifer Freeman, Susie Mullens, Nancy Deming, Brandi Gunnoe, Heather Hoelscher, Vic Jarrell, Ted Johnson, Rebecca Roth

Excused: Patrick Tenney, Diana Whitlock, Melissa Duncan

**Welcome, Introductions, Review of Agenda – Cathy Reed**

**Presentation: Office of Drug Control Policy – Susie Mullens**

- Talked a little bit about HIDTA <http://www.hidta.org/>
- Opioid Response Plan for West Virginia - <https://dhhr.wv.gov/Pages/Office-of-Drug-Control-Policy.aspx>
- <http://stigmafreewv.org/>
- WV Department of Health and Human Resources  
Office of Drug Control Policy  
One Davis Square, Suite 100 East  
Charleston, WV 25301  
Phone: (304) 558-0684
- Prevention
  - West Virginia Should expand the authority of medical professional boards and public health officials to inappropriate prescribing of pain medications
  - West Virginia should limit the duration of initial opioid prescriptions
- Early Intervention
  - Expand awareness of substance use disorders as a treatable disease
  - Expand promising law-enforcement diversion
  - Strengthen support for lifesaving comprehensive harm reduction
- Treatment
  - Reflecting the need for all patients to have access to multiple options for treatment, West Virginia should require a statewide quality strategy for opioid use disorder treatment and remove regulatory barriers to the expansion of effective treatment
  - Expand access to effective substance use disorder treatment in hospital emergency departments and the criminal justice system, in order to reach people at key moments of opportunity
  - Overdose Reversal
  - Require all first responders to carry naloxone and be trained in its use, support community-based naloxone programs, and authorize a standing order for naloxone prescriptions to improve insurance coverage
  - Require hospital emergency departments and emergency medical services to notify the Bureau of Public Health of
  - Supporting families with Substance Use disorder

- Expand effective programs that serve families, including Drug Free Moms and Babies, home visitation programs and comprehensive services for the families of children born with Neonatal Abstinence Syndrome such as Lily's Place
- Expand access to long-acting reversible contraception and contraceptive services for men and women suffering from substance use disorder in multiple settings
- Recovery
  - WV Should continue pursuing a broad expansion of peer-based supports
  - Beyond Opioids
- Additional Focus Areas
  - Adverse Childhood Experiences
  - Non-Pharmacological Pain Management Strategies -Dr Jeff Coben
  - Senate Bill 273- Jessica's law- Non Opioid Advance Directive
  - QRT Teams follow up 24-72 hours after an overdose

#### **Review January 2018 Meeting Minutes – *Cathy Reed***

- 2nd page Christy Black name change
- Aaron make motion to accept, JK McAtee 2nds All approved

#### **Membership Updates – *Ardella Cottrill***

- Membership Committee is going to be meeting to discuss members that have not been in attendance

#### **Legislative Update – *Vanessa VanGilder***

- 1778 Bills introduced in the Senate
- 1143 in the House
- 131 in the house and 129 in Senate
- HB 2199- Permits nursing home to use trained to give medications
- Governor VETOED HB 272 Allows office of Drug Control to
- 273- Medicaid Assistance Treatment Programs
- SB 397- Creates a crime of impersonating blind or disabled person
- SB 469- Converting Addiction Treatment Pilot Program to Permanent Program
- SB 575- Approving additional bed for intermediate care facilities
- SB 359- Authorizing Supreme Court establish currfor mental hygiene commissioners and certain magistrates
- HB 4509
- SCR 36
- Interim Committees will meet
  - May 20-22
  - June- 24-26
  - Sept 16-18
  - Nov 11-13
  - Dec 9-11

#### **Work Plan Updates**

#### **Adult Services Committee – *Heather Hoelscher***

- Louann, Heather, Melissa, Linda, JK, Ardella, Vanessa, Patrick, Melissa, Aaron
- Have regular conference calls - January, March, April
- Working on a First Responders Guide to Mental Health Hygiene Process, hoping that it will prevent people of going to jail

- (Pocket Guide) Using information from the Supreme Court
- WV Supreme Court-Mental Health Hygiene issues- wants to meet with them
- We are monitoring out of state placements, long term care facilities
- Holly Crookshanks is talking to state representatives about getting help with getting dialysis help for those with substance abuse disorder
- Facility in Georgia- (Riverpark Hospital) Turning Points
- James Ruckle was looking at Ryan Brown Fund, facilities

#### **Children's Services Committee – Donna Moss/Ardella Cottrill**

- Programs offered by FRMS - including Parent Child Interaction Therapy, Youth Teen Programs, Children's Wraparound, and Peer Support for Regional Summit Center
- Nikki Tennis- Bureau for Behavioral Health and Health Facilities gave us information on the following:
- Stigma Free Website Appropriate Language
- Programs that are available at Bureau for Children's Services
- Children School expanded Mental Health 40 expanded mental health
- Universal School
- Expanded School Mental Health 40 Counties- 12 Original and 28
- Children's Mental Health Wraparound  
<https://dhr.wv.gov/bhhf/Sections/programs/ProgramsPartnerships/ChildandAdolescent/Documents/parent%20wraparound%20flyer%203-16-17.pdf>
- Children's Mobile Crisis Response  
<https://dhr.wv.gov/bhhf/Sections/programs/ProgramsPartnerships/ChildandAdolescent/Documents/BHHF%20website%20mobile%20crisis%20response%20information.pdf>
- Approved WV Legislative Bills and Resolutions Impacting Children with SEDs and their Families
- WIRT County-Disaster Drills
- Drugs are being seen in playgrounds, overdose continually, Foster care training at MSPCAN,
- MSPCAN is having conference in June, at Cedar Lakes

#### **Housing Committee – James Ruckle**

- Funding Services
- Mental Health Block Grant covers
- Ryan Brown fund is distributed
- Talking about doing Issues papers

#### **System & Monitoring Committee – Linda Pauley**

- Linda has been in contact with Elliott
- Kepro has some data, has copy of information of what they gather
- Talks about questionnaire that they use, random selection, Medicaid managed care, go into the facilities face to face, and mail

#### **WV Division of Rehabilitation Services – Rich Ward**

- Boston University Center, working on plan on training for Counselors, and then will eventually will share with partners Will be online technical programs, It is a long
- Working on 7 diagnosis, module on Opioid abuse, Key Considerations, Appalachian Culture, Employment Accommodations etc, Will take a minimum of 1 hour on each module, and up
- Success Stories Nominations individuals are maintaining, and working.

#### **Louann Petts**

- Atena, is having a trauma informed, will be taking Mental Health First Aid

### **WV Behavioral Health System Update – Rebecca Roth**

- Office of Drug Control Policy- <https://dhhr.wv.gov/Pages/Office-of-Drug-Control-Policy.aspx>
- More residential treatment facilities-Ryan Brown fund [https://dhhr.wv.gov/News/2017/Pages/DHHR-Awards-\\$20.8-Million-in-Ryan-Brown-Funding.aspx](https://dhhr.wv.gov/News/2017/Pages/DHHR-Awards-$20.8-Million-in-Ryan-Brown-Funding.aspx)
- Peers in recovery residence
- Medicaid SUD 1115 Waiver [https://dhhr.wv.gov/bms/Programs/WaiverPrograms/Pages/Substance-Use-Disorder-\(SUD\)-Waiver-.aspx](https://dhhr.wv.gov/bms/Programs/WaiverPrograms/Pages/Substance-Use-Disorder-(SUD)-Waiver-.aspx)
- Bureau for Public Health- <https://dhhr.wv.gov/bph/Pages/default.aspx>

### **Planning Councils – Social Media and Activities – Louann Petts & Ted Johnson**

- WV & 4 Other States
- Webinars, Conference Calls, etc.
- Social Media - Webpage, Facebook, Twitter, LinkedIn, Snapchat, Instagram
- Survey was presented to 25
- Does your council have a web page-
- 14 of the 17 is linked to the Bureau of Health some links are additional pages on state's webpage
- If the advisory council has webpage, who maintains it? Says state maintains 13/16 times, 1 responded said peer contractor, 1 responded that page was outdated and not maintained, 1 respond
- If there is no webpage? Is there plans to create one 4 said there was plans, 7 said there is no plans,
- Would you counsel would want technical assistance to maintain, 7 said yes, 7 said no, 12 unsure
- Does your council
- 1 responded said they use social media, information provided, non-public accounts, closed group, Facebook, Instagram, Twitter, etc.
- 8 responded said they would be interested in technical assistance to develop one
- Multiple ways to reach people is needed, Flyers would be a great,
- Deanna, Heather, Ardella

### **Strategic Planning Technical Assistance – Ted Johnson**

- 1 of 4 states in strategic planning,
- 1st Question-What do you know about strategic planning? What is your purpose, holding yourself accountable, and who does what.
- What is your mission, your vision, your values
- Technical Assistance will end Sept 11, 2018

### **West Virginia Leadership Academy – J.K. McAtee**

- Romney- May 9-11, 2018
- Webinar- 14 Participants
- Leadership Academy (Charleston) 24 Participants
- Pretest- Most believed that they had some leadership skills, some did not have any advisory board experience
- Nate gave us an update on what it feels like to have taken the leadership academy, and now as a facilitator
- Hannah recent graduate, has been able to use her skills that she had prior to the leadership academy, reminded her how the basics was, how to have a written, visual document, recognizing that we are holding ourselves accountable. Networking was wonderful. Feel like that there was an opportunity and able to mentor others

- Attended a meeting in Romney there was 24 in attendance, and 5 was prior leadership academy graduates
- Morgantown- WVU Collegiate Recovery- (Early August)
- I hope you don't mind me saying that presentation, I feel comfortable

**Next Steps/Evaluation**

- Thursday 19 July 2018 Flatwoods, DHHR
- Webinar- Supporting

**Adjourn**