



West Virginia Behavioral Health Planning Council (WBHPC)
April 17, 2014
Braxton County DHHR • Sutton, WV
Meeting Notes

WBHPC Vision: *The West Virginia Behavioral Health Planning Council is a unified voice that promotes wellness, recovery, and resiliency for all West Virginians. (2012)*

WBHPC Mission: *to improve the mental health system and function as a catalyst of change in that system. (2008)*

Participants:

Ardella Cottrill
Joyce Floyd
Jaylen Floyd (guest)
Kim Roseberry
Nancy Schmitt
Rich Ward
Angie Ferrari
Ted Johnson
Heather Hoelscher
Jackie Payne
Peg Moss
Linda Pauley
Cathy Reed

Phil Reed
Aaron Morris
Susan Kraber
Bob McConnell
Vanessa VanGilder
James Ruckle
Dave Sanders
Cynthia Parsons
C.W. Sigmund (*presenter*)

Staff:

Martha Minter
Jenny Lancaster

Executive Committee Meeting (*Executive Committee Members only*)

Welcome & Introductions – *Linda Pauley, Chair*

- Review of Agenda, Review of February 6, 2014 Meeting and Approval of Minutes
- Cathy motion to accept minutes, Joyce Floyd second, all approved

WV Disaster Response and Recovery Presentation

C.W. Sigman, Kanawha County Deputy Emergency Manager

[SLIDES ATTACHED]

- Presentation on disaster preparedness “What Will You Do When the Lights Go Out?” along with discussion of the water crisis and response.
- Emergency Preparedness Month
 1. How Will I Be Notified?
 2. Preparedness
 3. Smoke Alarms
 4. Checklists
 5. Resources and Contacts
 6. Q&A

- Be Informed Emergency Response Notification
- Telephone Ring down System
- Emergency Alert System
- Kanawha County Emergency Sirens
- Twitter – feeds

- Make a plan
 1. Develop a plan and acquire the resources to shelter-in-place for 72 hours
 2. Develop a plan to care for your pets
 3. Develop a fire escape plan
 4. Develop a family communication plan
 5. Develop an emergency contact list
 6. Install working smoke alarms

- Build a Kit
 - Water – 3 gallon per person per day
 - Food – 3 days of non perishable food
 - Battery powered or hand crank radio and NOAA Weather Radio with tone alert and extra batteries for both
 - Clothes -
 - Medication -
 - Flashlight –include extra batteries
 - Can Opener
 - Hygiene Items
 - First Aid

- Smoke Alarm discussion
- Planning council member discussion on how to use this information with their audiences.

Membership Composition, Updates, Next Steps – Ardella Cottrill, Linda Pauley

- Linda Pauley reviewed membership composition form
- When Jackie Payne submitted federal reporting, she had to re-categorize council members because the categories differed slightly; need to be in line with block grant expectations.
- Members need to complete the category section and are requested to complete demographics (but not required)
- Can submit electronically if member fees comfortable
- Linda Pauley will collect responses and will report only to the bureau necessary information.
- Deadline – May 17, 2014
- Ardella reported we need Parents of Children and Youth; Jackie suggested to approach youth where they are; also opportunity to look at young adults; YouthMove Chapter
- Jackie working with Dept. of Ed re: school mental health
- Susan – would like to approach Shepherdstown University; will follow up with Linda
- Heather to contact Ryan Ramie re: YouthMove
- Ardella – some individuals need recognition for growth through the system and overcoming barriers; maybe do something once a year; share a story, post on website, etc. Give them a voice; summer meeting would be perfect.
- Angie – silent epidemic of stigma in school system; working with these kids; labeled this child; destroyed this child in front of his classmates. When you talk to Dept. of Ed – they need to talk to the teachers.
- Heather Hoelscher – 866-255-4370 / Legal Aid of WV / FAST

Orientation Manual Development – Linda Pauley

- Members reviewed the revised Arkansas Manual Table of Contents – example and the 2008 WVBHPC Orientation Manual table of contents
- Members were asked to submit suggestions on what should be included in the orientation manual
- Suggestion to add People First Language and Glossary of Acronyms
- Ted – in other states – KY they host annual meeting – and do a planning council orientation; presentations/etc.
- Members thought a meeting devoted to orientation would be helpful; also a way for state offices to participate and give information on how the council puzzle piece fits.

Monitoring Tool Development

- Linda introduced the activity of monitoring tool development
- Martha facilitated the discussion
- Individually members responded to the question – What 3 things do you consider most important when monitoring the behavioral health system in WV?
- In pairs members shared and discussed their responses
- In small groups – members prioritized what the council should monitor

[Individual responses recorded on separate paper]

Group responses are as follows:

Group 1

1. How do you do crisis intervention?
2. Are consumers allowed to have a voice in their options?
3. Are needed [behavioral health] services available especially for the younger at risk populations?

Group 2

1. Using Fidelity Assessment Common Ingredient Tool (FACIT) to monitor peer run programs and using the consumer satisfaction surveys with people in Recovery
2. Access to outpatient and inpatient mental health services including range of crisis services available – appointment times, referrals, crisis lines, workforce
3. Use of Uncompensated Care \$\$ (with the expansion of Medicaid). Recommendations on what with this fund in the future – example pay co-pays.

Group 3

1. Are the services recovery focused and do they include peer services?
2. The extent to which non-Medicaid funds are designed for recovery and support.
3. The extent to which each funded provider engages in outreach and assures accessibility [to type of service being provided].

Group 4

1. Quality of services – are the innovative (most up to date) and relevant to the population?
2. Accessibility – place, time, screening, physicality, transportation
3. Accountability – patient satisfaction, fiscal reporting

Jackie/Peg/Cynthia:

- Block Grant Funded Services:
- Drop in Centers
- Family Advocacy Support Training [FAST]
- Homeless outreach
- Peer supports
- Block grant funds non-billable activities; there is already monitoring of billable services
- Group should focus on block grant services as a priority, then move into other services
- 4 entities that monitor Medicaid services
- Include clinical quality / health and safety

Discussion:

- Medicaid/Bureau through APS does pre-authorization
- This council needs to look at quality from a perspective of recovery orientation
- Are the services really having an impact
- Like the process of looking at this tool

What are the block grant services currently being provided?

- Drop in Centers
- Family Advocacy Support Training [FAST]
- Homeless outreach
- Peer supports
- Jackie to send list of grantees

- After tool is developed and training done, map of services
- Agreement to focus on block grant services
- LBHCs = Licensed Behavioral Health Centers

Overarching Themes:

Accessibility:

- Physical
- Transportation
- Hours
- Timeliness of appointment
- Tele-medicine available
- Appointment wait time
- Language barriers
- Special populations
- Other ADA matters
- Staff qualifications
- Eligibility issues

Consumer Voice:

- Relevance of services
- Aware of treatment options
- Aware of rights

Committee on Monitoring

Members: Susan Kraber, Linda Pauley, James Ruckle

- Review meeting notes
- Obtain more information about block grant requirements/funded services/providers, etc.
- Develop draft monitoring tool for group to review/respond
- Report on monitoring tool to full council in June 30 (2 weeks prior to council meeting)
- Vote on monitoring tool during July council meeting

TA Opportunity – Advocates for Human Potential, Inc. (www.ahpnet.com) – Linda Pauley

- Monitoring Tool Development
- Strategies for Recruiting Members

Register on BH Talk - <http://www.bhtalk.org/>

- Information about what other planning councils are doing
- What other federal councils are doing
- Dave did webinar on cultures of SA and MH

Strategic Plan Priorities / Planning Council Calendar Updates – Linda Pauley, Chair

- Members (especially committee chairs) need to review the most recent strategic action plan and provide updates to Linda

Committee and Agency Reports and Updates

Member of NCIL – H.R.3717 - Helping Families in Mental Health Crisis Act of 2013

- If this enacted; federal aid to states allowing involuntary inpatient commitment
- Reduce privacy protections for people with disability
- Redirect federal money for innovative programs including peer support services, limit PAIMI program
- Interfere with ability of PAIMI lawyers to assist
- Add to program costs which would
- As SILCS we have responsibility to coordinate with others re:
- Can we help with civil rights advocacy
- Linda to send email to council
- <http://beta.congress.gov/bill/113th-congress/house-bill/3717>
- Cathy – motion to take this issue on as a council; Susie second motion; discussion; approved to draft letter to congressional members; Susie to send draft letter from

Next Steps (Election of Officers – July 2014)

- May 19th Hilton Garden, Clarksburg - 10 am – 1 pm – priority and objectives for WV Advocates (PAIMI)
- April 29th in Charleston – mini conference by Family Leadership First; email Ardella Cottrill if interested in attending
- May 8th in Parkersburg – conference by Family Leadership First
- July 5th in Huntington - Walk

Election of Officers – July 2014

- If interested in having your name included including in voting of officers, email interest to Martha – mlm420@aol.com
- Can nominate yourself or someone else
- Chair, Vice Chair, Secretary, Treasurer, and 3 Members at Large
- Would like to do online voting

Next Meeting Dates:

- July 17, 2014 in Charleston – venue TBD
- October 16, 2014
- January 15, 2015
- April 16, 2015

- Jackie: looking to continue work of suicide prevention
- Develop clearinghouse of resources – WV Prevent Suicide website
- Trying to apply for additional funding – due May 19th
- Emphasis on veterans and military personnel
- Emphasis on treatment

- Medicaid manuals will be up for public comment next week: 30 days public comment period; chapters 502 and 503 pertain to behavioral health services.
- Link - <http://www.dhhr.wv.gov/bms/Pages/default.aspx> click under News/Announcements to provide public comment:

<http://www.dhhr.wv.gov/bms/news/Pages/Chapter-502-Behavioral-Health-Clinic-Services-Manual-Comment-until-May-26,-2014.aspx>

<http://www.dhhr.wv.gov/bms/news/Pages/Chapter-503-Behavioral-Health-Rehabilitation-Services-Manual-Comment-until-May-26,-2014.aspx>

- Bureau has announced 2 AFAs –
- community engagement (previously care coordination)
- family and community support program

<http://www.dhhr.wv.gov/bhhf/afa/Pages/default.aspx>

- Funding announcement from SAMHSA – for colleges and universities to build peer support training programs for employment – to replicate KVCTC programs; Dave to forward to Linda to disseminate.

Check out & Evaluation

Adjourn