



West Virginia Behavioral Health Planning Council (WBHPC)
February 6, 2014
Flatwoods Days Hotel and Conference Center • Sutton, WV
Meeting Agenda

WBHPC Vision: *The West Virginia Behavioral Health Planning Council is a unified voice that promotes wellness, recovery, and resiliency for all West Virginians. (2012)*

WBHPC Mission: *to improve the mental health system and function as a catalyst of change in that system. (2008)*

Executive Committee Meeting (*Executive Committee Members only*)

Participants

Ardella Cottrill
Bob McConnell
Kim Roseberry
Patrick Tenney
Aaron Morris
Peg Moss
Jackie Payne
Nancy Schmitt
Jess Griffin
Beverly Campbell
Elliott Birckhead
James Ruckle
Margaret Taylor
Cathy Reed
Phil Reed
Linda Pauley

Pete Minter
Vanessa VanGilder
Dave Sanders
Nancy Deming
J.K. McAtee
Mark Drennan
Linda Pauley
Cynthia Parsons

Excused

Joyce Floyd
Heather Hoelscher
Angie Ferrari

Staff

Martha Minter
Jenny Lancaster

Welcome, Introductions, Review of Meeting Agenda

- Linda opened the planning council meeting and participants/staff introduced themselves.
- Linda then reviewed the agenda; Aaron requested to add announcement.
- Cathy Reed reported on Federal House Bill HB3019 – encourage participants to contact legislators and oppose the bill – will reduce PAIMI funding from \$20 million to \$5 million nationwide.
- Aaron (Fair Shake) reported on WV House Bill 4260 regarding doing away with unnecessary boards and councils; question re: eliminate the behavioral health commission?

Review of October 2013 Meeting Minutes

- Linda noted correction of prior meeting minutes – remove 2nd entry of Stephanie Southall
- Motion to accept minutes with correction - Cathy; second - Margaret; all approved minutes with revision

School-Based Outcomes Presentation – Jackie Payne, BBHFF

[HANDOUTS ATTACHED]

- The best way to meet the needs of kids is where they spend their day; locus for reaching kids re: prevention/early intervention.
- In 2008 also recognized that it is not only the responsibility of education or mental health community to address mental health needs; needed to work together.
- Providing therapy in the school is just a band-aid.
- Made a decision in 2008-2009 to transition support from school based mental health to integrated approach – Expanded School Mental Health model.
- Need to start at universal prevention level.
- Released announcement of funding in 2009 to provide planning grants to help communities/schools/mental health communities to develop shared responsibility.
- Build in social-emotional wellness throughout the day; lots of challenges in integrating.
- School based mental health did not meet those needs – working to transition to an expanded model.
- Referred to in president’s new commission report.
- Providing school mental health service to all students at all levels –full continuum – prevention, early intervention, promotion, treatment to recovery.
- Planning grant opportunities gave folks the opportunities to establish those teams/leadership.
- Build upon existing programs and supports that are already in place.
- What do we need to make sure that students are receiving services needed?
- First full year of implementing an expanded school mental health approach.
- Handout: Why School Mental Health
- Ardella – who can we contact in different communities and what are they doing?
- Only 1/3 of the school based health centers are providing mental health services.
- Using evidence based practices; needed to have families/youth involved; data driven; trauma informed.
- Reimbursable challenges.
- 3 expanded mental health conferences; expanded partnership.
- In 2006 BBHFF facilitated this conversation – how can build more of a partnership; BBHFF, Dept of Ed, etc. steering team:
- Have done a lot in promoting, developing.
- School based mental health website – www.schoolmentalhealthwv.org
- Suggested that at future BHPC meeting – hear presentation from a grantee about their work.
- Needs the state support because of difficulty with reimbursement.
- Lessons learned – next time will do a planning and implementation grant together to get folks ups and running more quickly.
- How can we look at policy/procedures? Some things you don’t cost a lot of money.
- Marshall fields a lot of calls for TA and BBHFF provides TA.
- WV Expanded School Mental Health Pilot Programs Dashboard – preliminary implementation results have been positive.
- Grantees are providing data. Would like one of the grantees (Ohio Co) to talk about what they are doing.
- Jackie to provide additional data electronically.

Opportunities for Planning Council Involvement / Committee and Agency Reports

- Integrated Behavioral Health Conference
 - Would like to see more proposals from the council to present at the conference.
 - We have been asked to participate in the planning process.
 - Conference date – looking at the third week of October in either Charleston or Morgantown.

- Ardella – would like to see scholarships for families.
 - First year – really a theme at looking at the science.
 - Concerns about costs to exhibit; Fahlgren proposed options for nonprofits and how to offset costs.
 - J.K. – perhaps take a couple days prior to the conference and work in Leadership Academy; keep those attendees in the conference.
 - Suggestion for council members to meet with Beverly and Elliott.
 - Cathy to send Beverly any presentation proposals; re: PAMI / advocacy.
- Substance Abuse Regional Task Forces – *Martha Minter*
 - GACSA report has been submitted to the Governor and available online – www.wvsubstancefree.org.
 - In Sept. 2011 – GACSA was established by Executive Order and have met 6 times; Executive Order also established Regional Task Forces for ground level input.
 - Reviewed process for prioritizing recommendations at the task force level then elevated for GACSA review. GACSA then reviews that information prior to determining recommendations/priorities.
 - Dates for upcoming RTF meetings are tentative.
- Homelessness – Point in Time Count – *Cathy Reed*
 - Just did the point in time count on Jan 29th 2014.
 - Done on an annual basis.
 - Volunteers are needed for this work.
- Leadership Academy – *J.K. McAtee*
 - We held our second WVLA in November at John XXIII conference center in Charleston, WV.
 - 24 participants, 17 female 7 male. Linda, Angie, Cindi Black and J.K.
 - Wood County had 13, Cabell had 5, Kanawha and Mingo had 2 each and Wayne and Fayette one each.
 - 20 Caucasian and 3 American Indian and 1 Multicultural.
 - The strongest response (22 of 24) was to the question I found this training to be helpful. All satisfaction surveys were positive with the lowest area being ability to apply the knowledge gained of which 66% felt very strongly that they could, while 33 % agreed that they could apply the material. This is a trend upward for us, a good sign that we are becoming more effective. I believe this attributes to consistency of trainers working together more.
 - Total participants thus far in two trainings is 39, making our annual goal of 45 easily in reach. We hope to hold at least two more academies this spring and possibly one in the late summer. The next scheduled LA is in Wheeling in April at the YWCA. We anticipate at least 15 participants there.
 - We continue to hold monthly conference calls with one scheduled after this meeting today concentrating on Issue Goal charts and applying our skills to current events.
- Consumer Advisory Panel – *Dave Sanders*
 - Formed initial group for Consumer Advisory Panel.
 - Panel will be comprised of people with disabilities and families of people with disabilities – cross disabilities.
 - Panel will provide feedback to BBHDF Deputy Commissioner.
 - Interest indicator process – initial meeting to be planned; still some vacancies on the panel.
 - Trying to keep the group below 15 people.
 - Traumatic brain injury or family members.
 - Individuals with IDD waiver are eligible for another council.
 - Peer certification – in final stages of approval; with leadership.
 - WV is the first to include Intellectual Disabilities in the certification.
 - NADAC is working on National certification.
 - DBSA peer support specialist.

Cynthia Parsons – Medicaid

- Final comments received from the providers; next week Clinic and Rehab manuals for Medicaid will be posted for comment; March/June; training the county offices first.
- Medicaid expansion – single male substance abusers were largest increase.
- Suboxone treatment has increased.
- Outpatient services/group therapy have increased.
- Re-writing psychology manual.
- May be push back on testing requirements; psychology board issue with gold cards.
- Positive feedback re: foster children being a priority in the manual; assessments were not getting back to courts promptly.
- Telehealth services – put into the manual – 85% services can be addressed through telehealth.
- Coordination of care
- Targeted Case Management paid for through Medicaid.
- Developing best practices/safety guidelines for telehealth services.
- Expansion populations receive same services.
- Website – pushing info to be added to BMS website.
- Child care coalition – developed book of every provider in WV added to website.
- DOC contract company – PSI-Med; once they are out of prison system, they are eligible for Medicaid.

Family Leadership First

- Hosting 3 mini conferences in the next few months
- If you want to present, contact Ardella

Pete Minter – HUD

- HUD budget is flat; at pre-sequestration levels; Pete will send numbers to Jenny to distribute to the group; there is no negative impact on homeless programs; may have additional funding for Section 8 Housing.
- Governor has re-activated the WV Interagency Council on Homelessness; optimistic they will develop the statewide plan; housing policy working group has been active – in December Governor appointed the WV Housing Trust Fund to develop an overarching housing policy.
- Opening Doors program – try to provide numerous options for homeless persons.
- 100,000 homes initiative gaining momentum.
- The move under Hearth Act is for permanent housing as well as homelessness prevention.

Membership Update – Ardella Cottrill

- Recommendation for Aaron Morris to become council member; fill a consumers seat.
- Bob motion to accept Aaron, second – Cathy; all approved.
- Membership Interest Indicator received from Louann Petts - Director of Psychological Health/WV Air
- Cathy motion to accept Louann; Bob second; all approved.
- 2 youth slots available.
- J.K. – youth slots have been in issue; looking for current voice from young consumer; local providers could perhaps provide recommendations.
- Jackie – maybe Ryan Ramie with Legal Aid because of his work with Youth MOVE Chapter could be helpful; take information and be an inter-communication.
- Perhaps use youth organizations.

- Develop list of organizations that work with youth – J.K., Cathy, Ardella, Aaron, Margaret, Jess Griffin – report back in April 2014.
- Youth MOVE WV - <http://www.youthmovewv.com/>.
- Don't limit youth outreach to just organizations who provide services to youth.
- Suggestion to re-look at Council plus meetings.

Ad Hoc Committee for Youth Membership

- Outreach
- Logistics
- Responsibilities
- Organizations that work with youth – contact director

Members:

- JK – Chair
- Jess Griffin (resource member)
- Ardella
- Margaret
- Aaron

List of things to Accomplish over 2014

- Need to review strategic plan – Targets/dates of when to focus on different activities.
- Discussion of strategic plan – what is realistic to do in a year?

BHPC Plan Calendar

- Youth membership committee
 - Feb/Mar – meet and complete tasks
 - Apr – report findings/recs at BHPC meeting
- Monitoring functions of BG programs
 - Feb/Mar – review components/tool
 - Meet with Commissioner Walsh
 - Adjust strategic plan – meet w/ Jackie, Peg
 - Members: Linda, Ted, Pat, Cathy
- Strategic Plan – Executive Committee
 - Feb/Mar – review according to federal mandates
 - Identify priorities for current program year
 - Recommendations for April meeting

January 2014

- Point-in-time count

February 2014

- WVICH
- CBHC – Feb 27th
- Fair Shake Network Legis Training – Tuesday, Feb. 18th at John XXIII
- Disability Advocacy Day – Capitol – Wednesday, Feb 19th at State Capitol
- Heart & Soul Dip Dinner – Feb. 22nd Roosevelt Neighborhood Center, 502 Ruffner Ave, Charleston, WV

March 2014

- Regional Task Forces meetings Round 12 – March 24 – 26th
- Regions 2, 4 – Romney, Morgantown – March 24th

- Regions 1, 3 – Wheeling, Parkersburg – March 25th
- Regions 5, 6 – Logan, Beckley – March 26th
- Take Me Home Housing – March 6th

April 2014

- WVBHPC – Flatwoods – April 17th
- WVLA – Wheeling – April 23, 24, 25
- WVBHPC Meeting
- FLF Mini Conference
- NASW-WV Conference

May 2014

- WVLA – Romney – May 21, 22, 23
- FLF Mini Conference

June 2014

- Regional Task Forces (tentative) – June 16 – 20
- Take Me Home WV – June 5th

July 2014

August 2014

- WVLA Train the Trainer, John XXIII – August 14, 15, 16

September 2014

- Regional Task Forces (tentative) – September 8-12
- Prestera Huntington (?) – Sept. 19, 20

October 2014

- Integrated Behavioral Health Conference

November 2014

December 2014

Orientation Manual Development – Linda Pauley

- Review Orientation Manual Table of Contents – send suggestions, revisions to Linda
- What should be included
- Arkansas Manual Table of Contents – example

Report Out & Next Steps, Check out & Evaluation

- Next meeting – April 17, 2014 Flatwoods

Adjourn

Council Functions:

The Council's primary functions are mandated by Federal law:

- The members are to monitor, review, and evaluate all Mental Health services in State that receive Mental Health block grant funding.
- Federal law mandates that Planning Councils advocate for the right of all people to have access to community based services for behavioral health treatment needs.
- The Council is to review and offer recommendations for the Bureau of Behavioral Health and Health Facilities drafts of the application to the Federal government for Block Grant funding prior to submission. The population is encouraged to examine the application when it is published on the web and submit their comments on its contents.
- West Virginia Behavioral Health Planning Council partners with the WV Bureau of Behavioral Health and Health Facilities to assure availability of person centered high quality behavioral health services throughout the State and conducts independent assessments of need which are reported to the Bureau.