



West Virginia Behavioral Health Planning Council (WBHPC)
January 15, 2015
Braxton County DHHR • Sutton, WV
Meeting Notes

WBHPC Vision: *The West Virginia Behavioral Health Planning Council is a unified voice that promotes wellness, recovery, and resiliency for all West Virginians. (2012)*

WBHPC Mission: *to improve the mental health system and function as a catalyst of change in that system. (2008)*

Attendees:

Linda Pauley
Tom Kimm
Vanessa VanGilder
Ardella Cottrill
Nancy Schmitt
Nancy Deming
Patrick Tenney
Peg Moss
Jackie Payne
Kathy Paxton
J.K. McAtee
James Ruckle
Phil Reed

Cathy Reed
Joe Cunningham
Dr. John Aldis
Paula Fields
Bob McConnell
Richard Ward
Dave Sanders
Aaron Morris

Kelly Gurka, Presenter
Herb Linn, Presenter
Martha Minter, Staff
Jenny Lancaster, Staff

Executive Committee Meeting (*Executive Committee Members only*)

Welcome & Introductions – *Linda Pauley, Chair*

Review of Agenda, Review of July 17, 2014 Meeting and Approval of Minutes

- Cathy Reed made motion to accept minutes; Bob McConnell second; all approved (one abstain – James Ruckle)

Feasibility of an opioid overdose prevention program with take-home naloxone in southern West Virginia

Kelly Gurka, Ph.D., Assistant Director for Education/Training, WVU Injury Control Research Center

Herb Linn, M.S., Assistant Director for Outreach, WVU ICRC

- [SLIDES ATTACHED]
- Presenters provided background statistics on the growing epidemic of prescription opioid abuse and death in US and particularly WV. A partnership was developed with Josh Murphy (STOP Coalition of Mingo County), Tim White (Prestera Center), and Jeremy Farley (PIECES Coalition of Logan Co.).
- In 1990s in urban centers overdose prevention programs utilized peer-administered naloxone which reversed overdoses.

- Need to use this program in rural settings including WV.
- Funding opportunity for community engagement and outreach program. Proposal - develop, evaluate, and disseminate effective OOPPs [Opioid Overdose Prevention Programs] throughout Appalachia.
- Preliminary findings were shared:
 - Total number 67
 - 46% have witnessed an overdose
 - 22% have experienced an overdose
 - 46% have heard of Narcan®
 - 35% have heard of naloxone
 - 18% have heard of overdose prevention programs
 - After being informed of OOPP with peer-distributed naloxone, 90% said they would participate in an OOPP
- Topic synthesis - Opioid overdose prevention programs with take-home naloxone in West Virginia and other Central Appalachian States
http://publichealth.hsc.wvu.edu/media/3285/ooppsth_synthesis_april2013.pdf
- New collaboration with Project Lazarus CEO Fred Brason
- Initiate community-level naloxone distribution program(s) in WV
- WVU Injury Control Research Center can organize and support/provide TA
- kgurka@hsc.wvu.edu
- hlinn2@hsc.wvu.edu

Committee and Agency Reports

Membership – Ardella Cottrill

- Membership committee is accepting applications for all seats
- Re: youth seats – WV Statewide Independent Living Council / essay contest – may provide possible youth applicants - <http://www.wvsilc.org/essay.htm>
- Aaron and J.K. are working with SILC to make connections

Adult Services Committee

- Did not meet this past quarter

Legislative Updates - Vanessa VanGilder

- Bills introduced in Legislature as of Jan 14, 2015 – www.legis.state.wv.us
- HB 2009 – Allowing law enforcement and other first responders to have Naloxone or other approved opioid antagonist
- HB 2021 – Implementing Drug Testing for recipients of federal/state and state assistance
- HB 2044 – Relating generally to administration of an opioid antagonist
- SB 9 – Allowing law enforcement and other first responders to possess opioid antagonists
- SB 18 – Creating Overdose Prevention Act
- SB 72 – Establishing additional circumstances requiring miner certification suspension or revocation for substance abuse violations
- SB 99 – Relating to mandatory drug testing of legislators and certain recipients of federal and state funds
- SB 120 – Re-codifying laws relating to DHHR and Bureau of Medical Services
- SB 126 – Relating to practice of psychology
- SB 230 – Creating overdose prevention act
- SB 231 – Allowing Certain Law-enforcement and public safety personnel to possess and administer opioid antagonist

Calendar Updates

- Disability Advocacy Day – January 21, 2015
- WV Association of Alcoholism and Drug Abuse Day (WVAADAC) – February 17, 2015

Housing Committee

NAMI Meetings:

- 8 people attended in Charleston
- 8 people attended in Morgantown
- Tom Kimm working w/ Heather and Eastern Panhandle – working on Mental Health America Chapter (small chapter in Morgantown)
- WV is the only state that doesn't have a state chapter for NAMI or Mental Health America
- State/national NAMIs can differ on policy issues
- Discussion of Murphy Bill and implications

WVDHHR-BBHFF – Peg Moss

- Finalizing Community Engagement Specialist Grant (previously - Care Coordination)
- 125 individuals statewide
- Independent grantees and CBHCs

WVDHHR-BBHFF – Jackie Payne

- RE: Mental Health First Aid (initiative to implement statewide) – working with Office of Consumer Affairs and Community Outreach
- National Council for Behavioral Health – two Train the Trainers week-long trainings in March
- Focus on Youth, then Adult Mental Health First Aid
- Up to 30 people per training
- In process of identifying folks, a lot of folks interested in becoming instructors
- Want to be systematic in making sure we have representation/instructors in all 6 regions; will invite people to be instructor (by invitation)
- Want a clearinghouse for training opportunities
- Once you are trained to be an instructor then you are expected to do 2 trainings per year in your region
- Mental Health Block Grant funds will be used for this

WVDHHR-BBHFF – Kathy Paxton

- Re: Substance Abuse
- Task Force meetings coming up
- Grants are being awarded (through GACSA/funding received through SB 437 and Justice Reinvestment)
- 6 Regional Youth Services Centers have been funded – increasing capacity for youth/adults

Homeless Committee – Cathy Reed

- Point in Time (PIT) Count will be held Jan.25, 2015
- Volunteers needed
- Voice of Disability Rights Network conference report;
- Individuals need to educate re: the dangers of Murphy's law
- Wrights Law is April 14-15, 2015 boot camp (WVADVOCATES)

Department of Education – Paula Fields

- Project AWARE (Advancing Wellness and Resilience in Education)
- Main focus on teachers and families of the students

- See BHHF as clearinghouse and coordinating with them
- Mental Health CPR – have training in content standards / but it is not certification

WV Division of Rehabilitation – Rich Ward

- Reaching out to corrections community
- Met with Division of Juvenile Services
- Looking at more coordinated services
- Reach out to state hospitals

Office of Consumer Affairs – Dave Sanders

- Still offering Recovery Coaching and Mental Health First Aid
- Next Recovery Coach Academy – late February – Weirton area
- Interest in going to Logan County
- Working on building statewide recovery network

Dr. John Aldis

- Discussion about Suboxone Clinic

Tom Kimm

- Met with Healing Place of Huntington and East Ridge to apply for long term residential – recovery facility in eastern panhandle, residential setting with 60 beds

Joe Cunningham

- Northern WV Center for Independent Living \$975,000 – to combat discrimination in housing (next 3 years)
- Kanawha Valley is now Bridge Valley CTC – providers can visit; if you need entry level positions
- Joe to send info to Jenny to distribute.

James Ruckle

- Certification - WVAADC now certifies recovery support specialists; national certified but not certified by the state

Leadership Academy – J.K. McAtee

- J.K. has returned to WV and is again coordinator for Leadership Academy
- Parkersburg Academy had 18 participants
- Upcoming Academies – Region 4 (April 2015) and Region 6 (May 2015)
- Monthly conference calls - First Monday of every month
- Will send out 800 number

WV Behavioral Health Planning Council 2014 Year End Activity Report

- Linda reviewed Federal Mandate with Council Members:
- The Council's primary functions are mandated by Federal law:
 - Review [Behavioral Health Block Grant] plans provided to the Council by the State and submit to the State any recommendations of the Council for modifications to the plans.
 - Serve as an advocate for adults with a serious mental illness, children with a severe emotional disturbance, and other individuals with mental illnesses or emotional problems.
 - Monitor, review, and evaluate, not less than once each year, the allocation and adequacy of mental health services within the State.

- Linda reviewed WVBHPC Year End 2014 Activity Report with Council Members
- Add Federal Mandates in the introduction of report
- Correct grammar/typos
- Ardella Cottrill makes motion to approve the report with discussed revisions; Cathy Reed – second; all approve

Discussion

- Discussion re: behavioral health vs substance abuse/mental health
- Mission Statement – does not reflect behavioral health; still focuses on mental health issues
- Recommend primary care physician to fill a seat on the council
- Consider adding an addendum or recommendation that further shows support of substance abuse vs just mental health
- Another – participant felt that regardless of the wording, the council has taken a focus on substance abuse issues as well

Mission Statement

- Motion to change in Mission/Vision – Mental Health to Behavioral Health
- WVBHPC Mission: to improve the behavioral ~~mental~~ health system and function as a catalyst of change in that system.
- Phil Reed – motion for executive committee to review/discuss revising mission statement from “mental” to “behavioral” and present to full council at next meeting; Dr. Aldis – second; all approve

WVBHPC Updates Form

- Web-based form developed to submit WVBHPC activities for 2015 - <http://wvmhpc.org/updates.php>
- Cathy Reed – motion to approve form; Ardella Cottrill – second; all approve

WVBHPC Brochure

- WVBHPC brochure text has been approved
- Need 2-3 quotes from membership to include (Linda to requests quotes – submitted by Feb. 1)
- Ardella Cottrill – motion to accept brochure; Cathy Reed – second; all approve
- Aaron – alternative format for brochure?

Other Updates

- Bob McConnell – motion to write letter from council to Legislature re: Narcan bills; Tom Kimm – second; all approve
- Next meeting – Cynthia to present on surveys?

Check-out and Evaluations

Adjourn

Cathy Reed makes motion to adjourn