



West Virginia Behavioral Health Planning Council (WBHPC)
Thursday, October 16, 2014
Holiday Inn • South Charleston, WV
Meeting Notes

WBHPC Vision: *The West Virginia Behavioral Health Planning Council is a unified voice that promotes wellness, recovery, and resiliency for all West Virginians. (2012)*

WBHPC Mission: *to improve the mental health system and function as a catalyst of change in that system. (2008)*

Executive Committee Meeting (*Executive Committee Members only*)

Participants

Dr. John Aldis
Ardella Cottrill
Nancy Deming
Angie Ferrari
Paula Fields
Joey Garcia, Presenter
Ted Johnson
Tom Kimm
Bob McConnell
Pete Minter
Aaron Morris
Peg Moss
Linda Pauley

Jackie Payne
Louann Petts
Cathy Reed
Phil Reed
CJ Rider
James Ruckle
David Sanders
Patrick Tenney
Richard Ward

Staff

Martha Minter, Community Access, Inc.
Jenny Lancaster, Terzetto Creative, LLC

Welcome, Introductions, Executive Committee Update – *Linda Pauley, Chair*

Agenda overview; review of July 17, 2014 meeting and approval of minutes; update from the Executive Committee

- Council met with BBHFF; working on report to follow with the report finishing in December for block grant funding; that could report could be passed up to cabinet level in WV;
- BBHFF has been working on getting to all provider (comps) and putting together a list of common definitions; each comp has its terms/definitions; working on common definitions; BBHFF to share when completed
- BBHFF working on putting together some pilots together for recovery centers
- CCAR – Connecticut Community for Addiction Recovery; recovery centers are built around substance abuse (but could be used for mental health as well)
- NARCAN – drug you can give someone on narcotics – reverse overdose; in some states legislation allows all first responders to administer NARCAN; CVS will start selling it over the counter (in states that allow)
- Dr. Aldis – studies shown no known side effects with NARCAN
- Discussed 2nd Behavioral Health Conference in Sept 22-24, 2015; BHP asked about how Peer Support can help in planning; BBHFF would appreciate feedback on topics; recovery workshops

Meeting Minutes – July 17, 2014

- Corrections:
- Pete Minter – City of Beckley – CDBG entitlement community
- YouthMove – is no longer funded
- Motion (Cathy Reed) – Accept July meeting minutes with corrections
- Second (Phil Reed)
- All approved (one abstain)

Justice Reinvestment: An Overview of Governor Earl Ray Tomblin’s West Virginia Criminal Justice Reform Initiatives

Joey Garcia, Deputy General Counsel, Office of the Governor

- SLIDES ATTACHED
- Formed by Exec Order
- Senate Bill 371
- Expanding Community Based Substance Treatment and other important Criminal Justice Initiatives
- Justice Reinvestment Process
- Expanding access through Medicaid - 160K in WV signed up for Medicaid
- Drug-related crimes are typically nonviolent – property and drug crimes
- Two phases of Justice Reinvestment – Phase 1 – Analyze data and develop policy options; Phase 2 – Implement new policies
- Why reform? Between 2007-2012, prison population in WV grew by 20%
- Over next five years 1,400 individuals would enter then system; new facility would be \$200 million.
- Data showed that incarceration did not make the citizens of WV any safer.
- Substance abuse services for supervised individuals have not been available; services available in DOC but not for people on parole.
- After release – most likely to offend within the first 6 months; many parolees without supervision
- Need to make sure those being released have supervisions/transition services
- Senate Bill 371 was passed with bi-partisan support; major provisions become effective July 12, 2013
- Goal – to strengthen community based supervision and use of risk assessments; ensure that no violent inmates are released without supervision; invest in drug courts and other community-based treatment for substance abuse and mental health issues
- Since JRI Implementation, WV prison population has declined – 7,078 down to ,793
- \$1.2 million awarded for pilot sites awarded May 2014
- Implementing statewide rollout of expanded substance abuse services
- Coordinating Workforce Training and Assistance
- Improving coordination of parolee management processes between the Parole Board and DOC
- Leveraging ACA to maximize SA treatment funds
- Continue collaboration/coordination with other agencies/initiatives

Committee and Agency Reports

Paula Fields – WV Dept. of Ed.

- WV is recipient of SAMHSA “Now Is the Time” Grant applications - \$10 million over the next 5 years
- Outcome of Safe Schools Initiatives
- Purpose – (1) look at mental health structure and resource available at schools – MacDowell, Wood and Berkeley; and (2) develop infrastructure of mental health first aid
- Will be using the expanded school mental health team

CJ Rider – WV. Div. of Corrections

- Focused on providing programming within the jails right now – preparing those for release/parole;
- Programming/addressing needs; making the appropriate referrals; emphasis on substance abuse
- Prisoner Re-Entry – conference in Charleston

Jackie – BBHF

- Grant opportunity SAMHSA/Now Is the Time (ages 15-25); focus on service gaps and meeting mental health/substance abuse services; did not receive the award
- Received Youth Suicide Prevention and Intervention award; \$736,000 per year over the course of 5 years; Grant builds on the work/success of ASPEN; (Adolescent Suicide Prevention and Early Intervention) Project; WV received 2 consecutive grants; new grant – builds on awareness/prevention to next step of intervention/ treatment/follow up an recovery (10-24 age)
 - Regional intervention specialists
 - Northern/southern coordinators
 - Work w/ primary hospitals
 - Project guided by Barri Faucett
- Project Launch – (up to age 8) behavioral health to coordinate early childhood programs in Kanawha County
 - Physical, social/emotional/wellbeing; increased screening for developmental delays/depression/abuse
 - Expanded services/workforce development

Pete Minter, HUD

- 14 unit Section 8-11 project – Thomas Patrick Maroney Apartments for persons with developmental disabilities; by spring 2015 be able to provide housing
- Last Section 8-11 project being built; now rental subsidies
- Office of Fair Housing announced – Northern Independent Center for Living – just received \$325K grant allows them to do education/outreach and testing Fair Housing Laws in WV; in addition to funding for Human Rights Commission
- WV Housing Policy Working Group – Erica Boggess is point of contact; developing overarching housing policy; www.communityworkswv.org
- Housing Conference had over 60 workshops

LouAnn Petts – National Guard

- 2014 Behavioral Health Conference to provide training for providers -
- WV Behavioral Health Conference for Military / difference between Air Guard and Army Guard
- Issues that military members face
- Getting ready for 2 deployments next week
- Over 100 attended from all over the state
- Discussing Tri-Care coverage w/ behavioral health

Richard Ward, Division of Rehab Services

- Housing Coordinator
- Coordinating DRS – re-entry efforts
- Visited 8 facilities with more scheduled
- Educating how to make referrals to rehab (TA)
- Will be working with state hospitals re: discharging
- Trainings and how to provide employment opportunities to individuals with disabilities/criminal records

- “Ban the Box” / Expungement Issues
- Need some type of disclosure – for WorkForce WV bonding program
- Can submit letter of information, but don’t have that opportunity if they are never considered for employment

Discussion

- Can council member follow up w/ Joey Garcia about legislation that would allow for waivers?
- Is there information on peer support/peer recovery for employers

Dave Sanders – WVDHHR BBHF

- Opportunity to provide peer support for participants in the Take Me Home WV – Money Follows the Person program administered by WV Bureau of Medical Services (BMS)
<http://www.dhhr.wv.gov/bms/MFP/Pages/default.aspx>
- BMS actively seeking Peer Support Specialists
- Immediate need in Martinsburg, Shepherdstown, Alderson regions
- Medicaid can pay through this grant
- Contact Brian Holstein at BMS (30) 356-4925 or brian.l.holstein@wv.gov
- Currently 28 recovery coach trainers (up from 7) that can do the Recovery Coach Academy
- Still working on BBHF Peer Certification; decision to be made today
- WV Certification Board for Addiction – certified 62 approved in peer recovery support; will continue to offer certification
- IC / RC will be reciprocal
- WVAADC – Conference / Peer track at conference – Oct. 27th-28th at Canaan
- <http://www.wvaadc.com/pages/default.html>
- Scholarships available
- Office is going to train mental health first aid trainers – mental health first aid – new to WV;
<http://www.mentalhealthfirstaid.org/cs/>
- Next Spring – Train the Trainers – Youth
- Next Summer – Train the Trainers – Adult
- WVBHPC Year End Report - outcome data – bureau would like to see data around 4 mandates
- PAAC – opening a Recovery Center –
- Recovery Community Organizations - co-locate mental health/addiction supports
- Video – Peer Recovery Support Services

Election of Officers – WVBHPC Nominating Committee

Nomination of Officers:

- Chair: Linda Pauley
- Vice Chair: Heather Hoelscher-Garcia
- Secretary: Ardella Cottrill
- Treasurer: Joe Cunningham
- *(Past President: Ted Johnson)*
- Ted Johnson –motion to elect above named individuals to those offices
- Second – Angie Ferrari
- All in favor of all in favor (1 abstain)
- Motion carried

Nomination of Individuals – 3 year terms:

Committee Recommend for 3 year term renewal

- Daniel Lashley
- Bob Musick
- Phil Reed
- Vanessa VanGilder
- Ted Johnson – motion of above individuals for 3 year term renewal
- Second – Cathy Reed
- All in favor no oppose (1 abstain)

Executive Committee – At Large Membership

- At Large: Thomas Kimm
- At Large: Patrick Tenney
- At Large: Vanessa Vangilder
- Ted Johnson – motion of above named individuals for At Large Membership on Executive Committee
- Second – Cathy Reed
- All in favor (1 abstain)

Discussion of membership

Conversation with feds – it is Important to finish filling out council to be effective

COMMITTEES

Linda reviewed the committees/membership and updates

- Executive Committee
- Membership
- Housing
- Adult Services
- Children and Family Services
- Olmstead

Need to update committee lists and executive committee emails

Tom Kimm

- Work group has met twice
- Roles and responsibilities of the council – narrow focus
- Looked at peer support/recovery services
- Ted – Survey that James Ruckle had written
- Need to expand assertive community treatment in WV
- Medication Assisted Treatment
- Behavioral Health IQ Assessment
- Recovery WV – nonprofit founded by Tom Kimm – 2 Oxford Houses in eastern panhandle

James Ruckle

- James researched credentialing in other states
- All states (32) approved by Medicaid
- 40 states listed as having certification in place
- 7 have certification and development
- 3 have nothing (includes VT)
- ACADEMY of PEER SUPPORT SERVICES

Updates

- SAMHSA – awarded grant to Advocates for Human Potential to provide TA
- MHSIP not required by law, but required by guidance in the block grant [mental health statistical improvement program]
- SAMSHA website / reference guidance
- State and Planning Council must apply together for the TA Grant
- Bob McConnell – Motion for the council to apply for technical assistance (Advocates for Human Potential)
- Second – Ardella Cottrill
- All approved (1 abstain)
- Wright’s Law is coming to WV – 1.5 day boot camp on April 14-15, 2015

LINK to <http://www.samhsa.gov/sites/default/files/manual-planning-council-best-practices-2014.pdf>

WVBHPC Year End Progress and Recommendations Report

- State is asking for a WVBHPC year-end report on accomplishments, things members have participated in and things that need to be done; report will be sent up to Secretary’s office.
- Will include the information in the block grant funding report
- Linda to request statement of work to help guide the report
- Patrick – suggest this be accomplish by committee to put together report
- Ardella – motion for executive committee to work on draft year-end report
- Second – Cathy Reed
- Report will be framed under 4 federal goals
- SOW should follow the 4 goals as well

Closing, Check out & Evaluations

Adjourn