



West Virginia Behavioral Health Planning Council (WBHPC)
April 21, 2016
Holiday Inn and Suites Charleston West • Charleston, WV
Meeting NOTES

WBHPC Vision: *The West Virginia Behavioral Health Planning Council is a unified voice that promotes wellness, recovery, and resiliency for all West Virginians. (2012)*

WBHPC Mission: *to improve the mental health system and function as a catalyst of change in that system. (2008)*

Attendees:

Linda Pauley, Chair
Melissa Duncan
Stephanie Harper
James Ruckle
Angie Ferrari
Donna Moss
Louann Petts
Phil Reed
Cathy Reed
J.K. McAtee
Frank Armstead
Dave Sanders

Joyce Floyd
Peg Moss
Aaron Morris
Patrick Tenney
Vanessa VanGilder
Ardella Cottrill
Thomas Kimm
Elliott Birckhead
Ted Johnson
Jeff McCroskey, Presenter
Jenny Lancaster, Staff

Executive Committee Meeting (*Executive Committee Members only*)

Welcome, Introductions and Review of Agenda

- Linda Pauley, Chair, opened the meeting and welcomed participants
- Linda reviewed the agenda

Review of Notes from January 2016 meeting, discussion, and vote on approval

- Linda reviewed meeting notes
- Motion to approve meeting notes (with name spelling corrections) – Cathy Reed; second – Phil Reed; majority approved (1 abstain)

Legislative Updates

- Senate Bill 6 (drug testing for TANF) passed – real harm is that some may not seek benefits; worry about impact on child services and foster care – increasing burden on that system
- Senate Bill 431 – opioid antagonists available without a prescription; Medicaid will cover nasal form without a prescription; need medical treatment after administration of Narcan; good Samaritan law (but if on parole, does not apply); in Charleston – used Narcan on the same person 2x in 1 week; Dave Sanders received training – CAMC has recovery coaches on site
- HELP4WV has a database of resources
- Suggestion that anyone who receives a recovery coach grant should have an MOU with the health dept. in their county

Reports from Committees and Agencies and Announcements

Membership Committee

- Vanessa recommended – reviewed 3 applications:
- Melissa Duncan (Spencer); director of behavioral health for UniCare; worked direct care for 23 years
- Michael Mayton – board certified behavior analyst; found WVBHPC online; PhD in applied behavior analysis; teaches WVU Special Education courses
- Susan Coyer – Huntington, career in addiction/mental health treatment; 30 years' experience
- Melissa Duncan – (provider seat); motion to accept as member Cathy Reed; second - Patrick; all approved
- Michael Mayton – (provider seat); motion to accept as member Aaron Morris; second – Donna Moss; discussion – suggestion to reach out on the phone; majority approved
- Susan Coyer – motion to accept as member – J.K. McAtee; second – Cathy Reed; discussion – good addition to the council; brings an alternative perspective; all approved
- Still have vacancies – YOUTH (18-25); Aaron has distributed brochures and will continue to do outreach
- Peg recommended – look at someone with WVSADD – Jenny has contact information
- Reach out to Job Corps

Adult Committee

- Thomas Kimm reported
- 2 system issue that are a concern:
 - Concern that some individuals may be refusing service by Comprehensive Behavioral Health Center because of “burnt bridges”; going back issue of consumer survey; raised issue of HIPAA compliance
 - Concern with persons who are in the ID/DD who also have co-occurring issues; complex issues – if they are in a care facility, concern that they may be transferred to a state mental hospital and may get stuck there; Take Me Home WV is based on Medicaid – they may not be eligible for Take Me Home because they have been in an institution; James Ruckle talked to Steve Wiseman who wants James to report back
- SNAP issues – program has changed – if you are an able-bodied adult and have not registered with WorkForce WV you may lose those benefits; it's a concern that people with behavioral health issues may be getting lost in the shuffle; ineligible for 3 years
- Hope that there is accommodations for people; concern that people would have to take a job just to keep benefits
- People that register with WorkForce WV – database has been compromised
- Jack Stringfellow passed away. Gathering to celebrate life will be held at 6 pm, Saturday, April 23rd at Trinity Evangelical Lutheran Church, 1600 Kanawha Blvd E, Charleston, WV 25311.

WV Leadership Academy

- Exemplary Program: Published in Literature; Commended by Experts; Replicated by Others; Standard Curriculum; Implemented with Diverse Populations

Who Should Attend:

- Adults Living with Mental Health Histories
- Adults Living with Substance Misuse Histories
- Adult Family Members of Children or Adults Living with Mental Health Histories
- Adult Family Members of Children or Adults Living with Substance Misuse Histories

Skills Learned:

- Working with Others
- Planning & Organizing
- Leadership
- Overcoming Issues
- Public Speaking
- Making Presentations

2016 Leadership Academies:

- Kearneysville, WV - April 6-8
- Vienna, WV @ OVU - May 17-19
- Wheeling, WV – September 14-16
- Refresher: BoMar Club, Ripley, WV – May 3
- Train the Trainer – August 2016

Statewide:

- Celebrated 20 years of service in 2015
- Over 50 Academies held in W.V.
- 700 + Graduates
- Established in 2011 as a project of the WVBHPC
- Apply Online: www.WVLeadershipAcademy.Org

Kearneysville Academy:

- 20 Participants: Male- 7(2 age 65+); Female 13 (2 age 65+)
- Berkely-8; Hampshire-6; Morgan-2; Jefferson-1; Hancock-1; VA-1;MD-2
- Satisfaction Survey: Majority found the training helpful, improved networks, empowered, plan change, expectation

Pathways to the Future Project (*Jeff McCroskey, Community Access, Inc. - jeffmccroskey@aim.com*)

- Jeff McCroskey reviewed the Pathways to the Future Project, WIOA and the Pre-Employment Transition Services, and the Pathways Project Goals
- Workforce Innovation and Opportunity Act (WIOA) five mandated pre-employment transition services for Vocational Rehabilitation clients, aged 16-21:
 1. To expand vocational knowledge and determine a specific vocational goal.
 2. To explore job functions and duties through work-based learning experiences.
 3. To expand knowledge of post-secondary training and educational training programs.
 4. To develop social skills and independent living skills through workplace readiness training.
 5. To develop greater knowledge of self-advocacy.
- Pathways Project Goals:
 1. To assist school districts in setting up community-based Work Exploration programs.
 2. To develop a statewide parent training network utilizing the Parent Educator Resource Centers (PERCs).
 3. To develop a network of transition specialists to work with WV Division of Rehabilitation Services, WorkForce West Virginia, and local school districts.
 4. To develop a statewide cross-sector outreach program with a strong emphasis on traditionally under-served populations.
 5. To establish and strengthen partnerships between government and private stakeholders to better identify eligible students and develop strategies for enrollment and service provision.
- Comment: One of the pathways may be into community college and DRS may pay for certain costs
- Comment: frustration that we talk to parents with high school students with disabilities who have never heard of DRS
- Comment: concern that there are not many PERCs in the state; Wood County has an awesome PERC that should be contacted

- Comment: talk to WV Advocates – Susan Given, Executive Director will be contacted
- Comment: children placed out of state with behavioral health needs; Jeff meeting w/ Sheila Paitsel to discuss these issues

WVLA Video Feedback

- Length – some said length was fine
- No one self identifies as a consumer
- Panelists were older
- Cultural competency – memories of Japan
- No diversity represented
- Insert pictures as overlays – to show ethnic diversity
- Reduction in stigma
- Linda and J.K. have expanded regions and delivery and sharing of memories

Advocates for Human Potential: Development of WVBHPC Orientation Manual

- Ted Johnson is the Advocates for Human Potential consultant
- Committee is submitting reports/materials to Linda by May 5th
- Committee members – Linda, Ardella, Vanessa, Patrick, Ted (consultant)

Advocates for Human Potential: Advocacy Training Update

- Webinar on how to advocate for the planning council
- Thom and Linda are participating
- Meet monthly for 8 months (in month 4)
- 8 topics – overview of advocacy definitions and review of successful campaigns; role of internal advocacy for planning/advisory councils; including underserved and emerging groups in advocacy efforts; utilizing data for advocacy – fiscal/programming; interagency advocacy and turf wars; negotiation; lessons from beyond behavioral health; shared decision-making; growing new advocates
- To review conversations – sign up on BHTalk - <http://www.bhtalk.org/>

Other training/updates:

- WV Governor’s Substance Abuse Task Force meetings: J.K., Linda, and Ardella presented information on WVBHPC and Leadership Academy to all 6 task forces during Round 18 meetings.
- BBHMF Trauma informed care training
- Healing Neen book
- ACE Study – Adverse Childhood Experiences
- Starting to make trauma informed training mandatory when working w/ children (per grants)
- Moving towards integrated care

WVBHPC Evaluation Process and Development of Needed Documents

- Ted has presented options for evaluation that Linda will review
- MHSIP instrument was discussed
- Federal Report from 2013 Meeting (*handout included*)
- Training could be done on how to conduct the MHSIP survey
- Could use people around the state and keep costs down
- Could sign conflict of interest statement
- Use the advocacy team consultation project to see how addressed in other states
- WVBHPC members have done previous work/conversations around the evaluation process and instruments. Online docs/resources can be found:
<https://sites.google.com/a/terzettocreative.com/wvbhpc/>

Planning for July 2016 Elections

- Nominating committee for WVBHPC elections
 - Patrick Tenney, Chair
 - Cathy Reed
 - Joyce Floyd
 - Ted Johnson
- Chair, Co-Chair, Secretary, Treasurer, At-Large (3) are the positions available; Chair can serve 2 consecutive 2 year terms, other positions can be renewed indefinitely
- Secretary will notify the full council

NEXT MEETING & Announcements:

WVBHPC Meeting - July 14th at Flatwoods, WV

Mental Health Awareness – May

Children’s Mental Health Awareness Day – May 5th 2016

www.Fairshake.org – check out

Our Children Our Future Summit – Friday, April 22nd – WVBHPC members attending

PAIMI Council – call WV Advocates for application

Recovery Walk – May 7th at Bridge Valley Community and Technical College (in memory of Jack Stringfellow)

Saturday, April 23rd at 6 pm at Trinity Evangelical Lutheran – Memory of Jack Stringfellow

Check-out and Evaluations

Adjourn